

# APCP Foundation Course

## Introduction to Paediatric MSK

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The course aims to provide therapists, who are either new to paediatrics or who want to treat children's musculoskeletal conditions, with an understanding of the specialist knowledge and skills they need to have when working with children. It will look at msk/orthopaedic conditions seen in babies, children and adolescents. The course will include practical sessions.

Course tutors: The course will be delivered by 5 tutors from around the United Kingdom; all of whom are experienced paediatric musculoskeletal physiotherapists (Pierette Melville, Hazel Bartley, Victoria Harbottle, Suzanne Gray and, Vicky Easton).

Please note: refreshments will be provided in the morning and afternoon. Lunch will **not be** provided. There are various cafes and sandwich shops in the local area that can provide a good selection of food for your lunch.

### Agenda

09.30 – 10.00	Introduction / house-keeping
10.00 – 11.00	Children are different - why is it important to be aware of the differences? <i>Incorporating skeletal formation in utero / normal growth and development / normal variants / gait development / changing rotational profiles / paediatric conditions not to miss.</i>
11.00 – 11.15	TEA / COFFEE
11.15 – 11.45	Children are different – Part 2
11.45 - 12.00	Consent, safeguarding and wellbeing indicators - things to consider when assessing and treating a child.
12.00 – 12.30	Objective assessment of the paediatric patient – baby to teenager -
12.30 – 13.00	Demonstration of Objective assessment tool (PGALS)
13.00 – 13.45	LUNCH (please provide your own)
13.45 – 15.30	Workshops 3 stations of 30 minutes with a different scenario at each station. Groups will be asked to consider <ol style="list-style-type: none"><li>Environment considerations for assessment</li><li>What questions do they want to ask in the subjective assessment?</li><li>What is their differential diagnosis?</li><li>What objective tests would you do?</li><li>Discussion around treatment</li></ol>
15.30 – 15.45	TEA / COFFEE
15.45 – 16.30	Summary & Close