

# Trent Regional Bulletin

## April 2016

by Laura Clifton

### Introduction and working weekend news

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Hello all, this is the first regional newsletter of the year as promised in the Trent Region 5 year plan <http://apcp.csp.org.uk/trent-region>. I have just returned from the national committee working weekend, held at the Jurys Inn, East Midlands airport.

Once again working weekend was a packed two days with lots of excellent planning to help shape the future of the APCP and paediatric physiotherapy. This was the first national committee event that has been attended by a representative of the newly formed non NHS Specialist group <http://apcp.csp.org.uk/news/2015/12/14/apcp-launch-new-non-nhs-specialist-group-update>.

The national committee continue their dedication to training and development with the ongoing planning of the very successful annual conference and Introduction to Paediatrics course (see below), further suggestions for APCP training were also discussed so watch this space!

Liz Grey (chair) has continued to represent the APCP at a number of events & meetings including forging links with BACD (British association of Childhood Disability) and IOPTP (International Organization of Physical Therapists in Paediatrics).

The APCP continue to develop the CPIPS/CPUK, A UK wide patient management system for children with CP based on the successful Scottish CPIPS model. It is hoped that CPIPS/CPUK 'train the trainer' events will start to run towards the end of 2016.

A number of websites were recommended to the national committee including [www.disabilitymatters.org.uk](http://www.disabilitymatters.org.uk) and [www.pavingtheway.works](http://www.pavingtheway.works) these are both excellent resources and well worth a look if you have a couple of minutes to spare!

There are currently two surveys out for members to complete <http://apcp.csp.org.uk/news/2016/03/18/survey-apcp-publications> and <http://apcp.csp.org.uk/news/2016/03/07/ioptp-survey-childhood-obesity> please can I urge all members to support your colleagues and complete these, it will only take a couple of minutes.

## National Committee News

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- The national committee celebrated the 1<sup>st</sup> birthday of the successful APCP Facebook page and launched the 'APCP members only' Facebook group. It is hoped by launching a closed group members will have an additional platform for clinical conversations and debate.
- Plans for conference 2016 are well underway. It is called **Neurodisability - From Birth to Transition - Annual Conference and Trade Exhibition 2016** and will be on the **11/12<sup>th</sup> November in Brighton**. It yet again promises to be an excellent event however places are likely to be limited so members are encouraged to book as soon as possible to avoid disappointment.
- The successful annual **Introduction to Paediatric Physiotherapy** course (ITTP) is being held in Birmingham this year, **16<sup>th</sup> - 18<sup>th</sup> June 2016**. All details including booking can be found at <http://apcp.csp.org.uk/network-events/apcp-introduction-paediatric-physiotherapy-2016>
- The APCP had 2 motions accepted at the CSP's ARC conference this year and we are pleased to advise that motion 20 was passed, unfortunately time ran out before motion 26 could be presented, it will therefore go to council to be discussed <http://apcp.csp.org.uk/news/2016/02/27/apcp-arc-motions-2016>  
Putting forward motions is our way of influencing how the CSP moves forward over the next year so it is important that the APCP put forward motions relevant to us all it is for this reason national committee have invited the regions to put forward ideas. Please advise the Trent regional committee of any ideas you would like to be taken forward before the July meeting this can be done via the next regional committee meeting, twitter or e mail to [trent@apcp.org.uk](mailto:trent@apcp.org.uk)

## Trent News

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- The next Trent regional committee meeting is on the **20<sup>th</sup> April 2016, Clinical Sciences Building, Nottingham City Hospital, 5.30pm**. We currently have a full committee but are underrepresented in Sheffield and Nottingham City, please contact us on [trent@apcp.org.uk](mailto:trent@apcp.org.uk) if you are interested in joining us.
- The Trent region had a busy end to 2015 with a successful evening lecture led by Sarah Westwater-Wood (MPhil, MCSP, APCP, SFHEA, Director of Assessments, School of Health Sciences, The University of Nottingham), Matthew Humphreys (CP sport athlete, race-running) and Lisa Morton-Smith (National Sports Development Manager - CP sport). The evening covered strength training and exercise prescription for people with Cerebral palsy, Matthew was able to provide an athletes perspective which complemented the presentation. The evening was well attended with therapists coming from within our region and beyond. Feedback was mostly excellent and gave us more suggestions for future courses.

- The Trent committee are very excited about the upcoming day course **Gait Analysis Skills for Clinicians and Current Orthotic Options for Walking Problems**. It is being held on **Saturday 23<sup>rd</sup> April, 2016** at the **Double Tree by Hilton Hotel Nottingham-Gateway**. All details including learning outcomes and bookings can be found at <http://apcp.csp.org.uk/network-events/apcp-trent-region-gait-analysis-skills-clinicians-current-orthotic-options-walk>