

CPIPS- Assessment for Hip Surveillance GMFCS 4&5				
Name: Molly Patient		DOB:		CHI:
Date:	1 st June 2016			
Therapist :	Lily Exercise			
GMFCS:	5			
	Right	Left	Right	Left
HIP - supine				
Thomas Test/Flexion deformity GMFCS IV-V <-10° -10°- 0° > 0°	0	-5		
Abduction – bilateral knees flexed over corner of plinth Slow passive movement (R2) GMFCS I-III <30° 30°- 40° >40° GMFCS IV-V <20° 20°- 30° >30° Fast (R1)	41	29		
Abduction – opp hip and knee flexed on plinth (unilateral) Slow passive movement (R2) GMFCS IV-V <20° 20°- 30° >30° Hip abduction Fast (R1) Hip Adduction Contracture (degrees)				
Internal rotation hip in 90° flexion <30° 30°- 40° >40°	36	25		
External rotation hip in 90° flexion <30° 30°- 40° >40°	40	35		
Popliteal angle Slow passive movement (R2) GMFCS I-III >50° 40°- 50° <40° GMFCS IV-V >60° 40°- 60° <40° Fast (R1)	39	55		
Pain on Hip ROM yes/no	yes	no		
KNEE- supine				
Extension (Knee fixed flexion) GMFCS I-III <0° > 0° GMFCS IV –V >10°FFD 0-10°FFD 180°/ 0°	5FFD	0		
Knee Hyperextension (degrees)	No	No		
ANKLE/FOOT-supine				
Dorsiflexion-knee flexed GMFCS I-III <10° 10°- 20° > 20° GMFCS IV –V <0° 0°-10 ° >10°	8df	15df		
Dorsiflexion-knee extended Slow passive movement (R2) GMFCS I-III < 0° 0°- 1 0° >10° GMFCS IV –V < -10° -10°- 0° >0° Dorsiflexion Knee extended Fast (R1)	5pf	3df		
Leg length	530	545		

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	Right	Left	Right	Left
HIP - prone				
Duncan Ely Slow Passive movement (R2) GMFCS I-III <100° 100°- 120° >120° GMFCS IV-V < 90° 90°-110° >110° Duncan ely FastFast (R1)	120	120		
	-	-		
Hip Extension GMFCS I-III <10° >10° GMFCS IV-V < -10° -10° - 0° > 0°	12	20		
SPINE- scoliosis	No			
Functional Mobility Scale FMS	5m	C	5m	
	50m	N	50m	
	500m	N	500m	

Red: value requires referral to orthopaedic department for further assessment

Amber: value should prompt a review of the child's management strategy

Green: indicates what we should regard as normal or almost normal value

(Traffic light values apply to slow PM only)

Signed:

Designation: