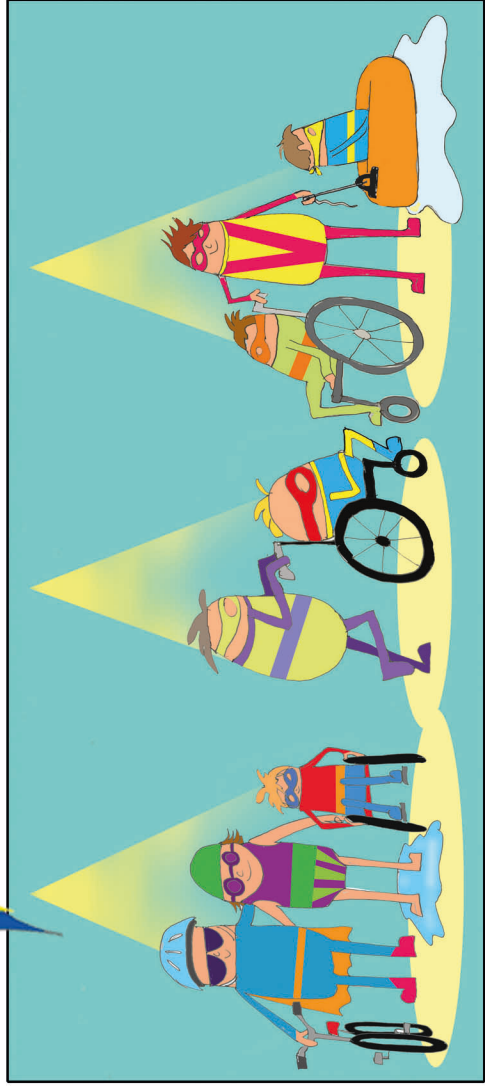


**SUPERHERO TRI IS ON IT'S WAY  
SIGN UP NOW & SAVE THE DAY!**



**superheroseries.co.uk**



**19 AUGUST  
2017**  
**DORNEY LAKE  
WINDSOR**

**IT'S BIG. IT'S BOLD. IT'S GUTSY. IT'S THE VERY FIRST SUPERHERO EVENT!**

**THREE** epic distances to choose from.  
**THREE** ways to complete them.

**JOIN THE UK'S ONE & ONLY DISABILITY SPORTS SERIES** for the **EVERYDAY SUPERHERO** & their family & friends.

**THREE WAYS TO TAKE PART:**

**TEAM UP**  
Do one stage each. Unite with disabled & non-disabled family & friends to share the work & the fun.

**GRAB A SIDICK**  
Join a world 1st! This is a unique chance to tow a friend or loved one in the water & push or pull them around the bike & push/run stages.

**FLY SOLO**  
For those who want to take on all three triathlon stages. All you need to enter the solo event is a disability. And the guts, of course!

**THREE EPIC DISTANCES:**

<b>SPRINT</b>	150M	3K	1K
<b>HALF</b>	400M	10K	2.5K
<b>FULL</b>	750M	20K	5K



**SIGN UP!**

**superheroseries.co.uk**

01306 627 301  
hello@superheroseries.co.uk