

# DO MORE

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Are you a wheelchair user? ✓

Aged 12-25? ✓

Want to be more active? ✓

Want to be involved in research? ✓

Want to help others to improve their lifestyle too? ✓

SCAN TO ACCESS WEBSITE:



## HANNAH DINES

Hannah Dines is supporting the #DoMore study. She is a cyclist with the GB cycling team and a race runner at World level. Hannah has cerebral palsy. She represented Great Britain at the Paralympics in Rio.

## GET INVOLVED!

Join the #DoMore study via our online workshops or a virtual focus group. Help researchers to design software that tracks wheelchair users' body movements and supports them to move more.



VISIT [do-more.org.uk](http://do-more.org.uk), EMAIL [domore.study@nhs.net](mailto:domore.study@nhs.net) or CALL 07701371838