A GP refers a 20 month old boy to physiotherapy with a toe walking gait.  He was born at 35 weeks gestation via spontaneous vaginal delivery, cephalic presentation

At the initial visit, parents tell you there were no complications at birth but he did have antibiotics due to suspected sepsis.

He sat independently at 8 months, walked independently at 16 months and parents have noticed unilateral left sided toe walking since he first started walking.   They have also noticed an out-toeing gait affecting the left side.

Below are some questions to consider regarding the assessment and treatment of this child to create an overall management plan:

1. Can you discuss your assessment plan?
2. What would be your potential differential diagnoses?
3. What else would you want to find out in your subjective/objective assessment?
4. What potential treatment options will you consider?
5. Are there any other considerations?
6. Please include reference to the available evidence to further support your reasoning