

CPIPS - Assessment for Hip Surveillance GMFCS 4&5			GMFCS	
Name:		DOB:		CHI:
Date:				
Therapist :				
	Right	Left	Right	Left
<b>HIP - supine</b>				
Thomas Test/Flexion deformity >10°FFD 10°FFD-0° N				
Abduction – bilateral knees flexed over corner of plinth Slow passive movement (R2) <20° 20°- 30° >30° Hip abduction Fast (R1) knee ext				
Abduction –opp hip and knee flexed on plinth (unilateral ) Slow passive movement (R2) <20° 20°- 30° >30° Hip abduction Fast (R1) knee ext Hip Adduction Contracture Any measure ° N				
Abduction with both hip and knee flexed to 90° (optional) (estimate)				
Internal rotation hip in 90° flexion <30° 30°- 40° >40°				
External rotation hip in 90° flexion <30° 30°- 40° >40°				
Popliteal angle Slow passive movement (R2) >60° 40°- 60° <40° Popliteal angle fast (R1)				
Pain on Hip ROM yes/ no				
<b>KNEE- supine</b>				
Extension (Knee fixed flexion) >10°FFD 1°-10°FFD N				
Knee Hyperextension (degrees) <10° 10°- 20° >20°				
<b>ANKLE/FOOT-supine</b>				
Dorsiflexion-knee flexed any pf 0°-10°df >10°df				
Dorsiflexion-knee extended Slow passive movement (R2) >10°pf 10°pf- 0°df >0°df Dorsiflexion Knee extended Fast (R1)				
Leg length mm				

Name:	DOB:		CHI:	
Date :				
Therapist :				
	Right	Left	Right	Left
<b>HIP - prone</b>				
Duncan Ely Slow Passive movement (R2) <b>&lt; 90° 90°-110° &gt;110°</b>				
Duncan Ely Fast (R1)				
Hip Extension <b>&gt;10°FFD 0°-10°FFD &gt; 0°</b>				
<b>SPINE- scoliosis</b> In sitting Y/N  <b>Lumbar lordosis excessive</b> Y/N <b>Thoracic kyphosis excessive</b> Y/N				
<b>Functional Mobility Scale</b>	5m		5m	
<b>FMS</b>	50m		50m	
	500m		500m	

**Red: value requires referral to orthopaedic department for further assessment**  
**Amber: value should prompt a review of the child's management strategy**  
**Green: indicates what we should regard as normal or almost normal value**  
 (Traffic light values apply to slow PM only)

Signed:

Designation: