

CPIPS- Assessment for Hip Surveillance GMFCS 1-3				
Name:		DOB:		CHI:
Date:				
Therapist :				
GMFCS:				
	Right	Left	Right	Left
<b>HIP - supine</b>				
Thomas Test/Hip flexion deformity <b>any FFD N</b>				
Abduction – bilateral knees flexed over corner of plinth Slow passive movement (R2) <b>&lt;30° 30°- 40° &gt;40°</b>				
Abduction hip neutral knee extended Fast (R1)				
Abduction –opp hip and knee flexed on plinth (unilateral) Slow passive movement (R2) <b>&lt;30° 30°- 40° &gt;40°</b>				
Popliteal angle Slow passive movement (R2) <b>&gt;50° 40°- 50° &lt;40°</b>				
Popliteal angle Fast (R1)				
<b>Pain on Hip ROM yes/no</b>				
<b>KNEE- supine</b>				
Extension (Fixed Flexion) <b>any FFD N</b>				
Knee hyperextension <b>&lt;10° 10°- 20° &gt;20°</b>				
<b>ANKLE/FOOT-supine</b>				
Dorsiflexion-knee flexed <b>&lt;10°df 10°df - 20°df &gt; 20°df</b>				
Dorsiflexion-knee extended Slow passive movement (R2) <b>any pf 0°df - 10°df &gt;10°df</b>				
Dorsiflexion knee extended Fast (R1)				
<b>Leg Length mm</b>				

Name:	DOB:		CHI:	
Date :				
Therapist :				
	Right	Left	Right	Left
<b>HIP - prone</b>				
Duncan Ely Slow Passive movement (R2) <100° 100°- 120° >120°				
Duncan Ely Fast (R1)				
Hip Extension < 10° >10°				
Internal rotation hip extended <30° 30°- 40° >40°				
External rotation hip extended <30° 30°- 40° >40°				
<b>HINDFOOT - weight bearing</b> Valgus/norm/varus				
<b>MIDFOOT BREAK - weight bearing</b> Y/N				
<b>SPINE-</b> Scoliosis sitting Y/N Scoliosis standing Y/N Lumbar lordosis excessive Y/N Thoracic kyphosis excessive Y/N				
<b>Functional Mobility Scale</b>	5m		5m	
<b>FMS</b>	50m		50m	
	500m		500m	

**Red: value requires referral to orthopaedic department for further assessment**

**Amber: value should prompt a review of the child's management strategy**

**Green: indicates what we should regard as normal or almost normal value**

**(Traffic light values apply to slow PM only)**

Signed:

Designation: