

ASSOCIATION OF PAEDIATRIC CHARTERED PHYSIOTHERAPISTS.

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NEWSLETTER No. 8. (June 1977).

Apologia.

From our last issue to:-

Miss Daphne Kennard, joint author of "Music to Help Disabled Children to Move", for calling her Miss Kinnaid.

Mr. David Scrutton for only crediting him with a B.Sc. when it should in fact be M.Sc..

Chairman's Report.

A summary of Mrs. Biddle's Report to the A. G. M.

Mrs. Biddle said it was a great pleasure to be in Birmingham which was the birthplace of the Association in 1973, she expressed thanks to Miss Naylor and the organising committee of the Midland Region for all their hard work in organising the Fourth Annual Conference and making it such a happy occasion for everybody. In thanking the Officers and Committee of the Association Mrs Biddle said that they had helped her in the difficult task of taking over from such an illustrious person as her predecessor, Miss. Gilbertson. Three new members had been welcomed onto the Committee - Miss Dawson, Miss Cartwright and Miss Carrington, the latter was already much involved in organising the Fifth Annual Conference in York. Mrs. Biddle then went on to say that it was most encouraging and exciting to note the enthusiasm of members and this was shown by the high attendance at courses which had been organised by the Regional Representatives all over the country, the attendance at courses of other professions also showed their interest in the Association and that it was fulfilling an obvious need. Regarding future plans the Chairman referred to the possibility of establishing a post-graduate course but pointed out that in the present economic climate it would appear that many people would not be released for such a course and that it therefore behoved the Association to continue to offer many and varied courses of a high level. More booklets had been published by the Association and Mrs. Hazlewood was thanked for her hard work in organising the distribution of these. Membership for the year had been 449 and a membership card had been issued on payment of the annual subscription. Mrs. Biddle said this was in line with both the Chartered Society and other Specific Interest Groups and would act both as a reminder to renew subscriptions and as a voting card at the A. G. M.

Speaking of the Working Party on Assessment which she chairs, Mrs. Biddle said there had been a poor response to the questionnaire and less than a third of members replied but those who did were keen to have some form of guidelines on how to assess and a form to record their findings. The Committee are still hoping to produce the necessary document but asked for further time. Pointing out the economic benefits both of the present and for the future, of the Halsbury Report, the Chairman said that it had also produced many anomalies particularly in Senior I and II gradings and following many letters from members regarding this, a letter had been sent to the Chairman of the C. S. P. Salaries Committee requesting further investigations and recommendations on this part of the Report. In closing, Mrs. Biddle asked members for their continued support and also asked them to make their views known, either directly or through their Regional Representatives.

Fourth Annual Conference, April 23rd/24th 1977.

The theme of the Conference held at the City of Birmingham Polytechnic was 'Mobility' and it started with a most stimulating and mind-stretching lecture by Miss Caney on 'The Neuro-Physiology of Movement'. This was followed by an introductory talk to a film on 'Movement Education in Primary Schools' given by Miss Roger. To continue the theme of normal movement, a most charming ballet demonstration was given by Miss Ruth Hasler, a physiotherapist at Birmingham Children's Hospital. The Saturday afternoon session began with a talk by Miss Wisbeach on 'Mobility for Children in Wheelchairs'. The merits of various types of wheelchairs were discussed and Miss Wisbeach advised that protests should be made to the D. H. S. S. if specific wheelchairs which were ordered were not being received. She also said that if people were having difficulty obtaining the D. H. S. S. A. L. A. C. reference manual no. 408 they should write to:-

Miss Lois Dyer, Physiotherapy Officer, D. H. S. S., Hannibal House, Elephant and Castle, London SE1 6TE.

Following this, Miss Grimley spoke on 'Movement Problems of Clumsy Children' and emphasised the difficulties they experience in learning how to use and appreciate their bodies both in concept and in relation to others. The general feeling of members seemed to be one of pleasure to be reminded of the ease and beauty of normal children in their often unrealised expression of themselves through their movement - facts which we often tend to forget when dealing continually with the handicapped. But at the same time, we must also remember our P. E. teacher colleagues and the problems they have in trying to strike a balance between the strictly formal German/Swedish style on the one hand and on the other, the ideas of completely free expression as propounded by Rudolf Laban - problems which we also face in trying to not adhere too strictly to one method of treatment but deciding the best method for each particular child.

The Conference Dinner was held in the most impressive surroundings of the Warwickshire Masonic Temple, the speaker was Dr. Cant, consultant paediatrician at Birmingham Children's Hospital and also an enthusiastic athlete who, on the eve of his departure for Greece, recommended everybody to think very seriously of encouraging both themselves and patients to partake of regular and planned exercise.

The two sessions on Sunday were taken by Mrs. Bobath, who with the aid of films, lecture and demonstration spoke on the 'Analysis of Abnormal Movement' and 'Treatment Planning'.

Fifth Annual Conference, Alcuin College, University of York. April 7th - 9th 1978.

Theme "Sensory Deficiencies".

Friday The Physiology of Parietal Perception
Mr. D. Price, Con. Neurosurgeon, Leeds General Infirmary.
Sherry Reception
Conference Dinner

Saturday

Audiology

Dr. K. P. Murphy, Audiology Unit, Royal Berkshire Hospital, Reading.

The Rood Concept

Mrs. I. Cushing M. C. S. P.

Supt., Norfolk and Norwich Hospital.

Mental Handicap and the Sixth Sense

Dr. M. York-Moore, Con. Psychiatrist, Lea Castle Hospital, Kidderminster.

Tour of York including York Minster

Wheelchair dancing display by pupils of Northfield P. H. School.

Sunday

Visual handicap - what is it and how can we help?

Mrs J. Kell, County Adviser in Special Education, Aylesbury

Sensory Training and Remediation in Infantile Hemiplegia

Mrs. J. Murray, The Bobath Centre, London.

In addition, Miss Carrington adds:

Why you should come to the Fifth Conference.

1. York is probably the most beautifully preserved historic city in Britain and makes a superb setting for a conference.
2. 'Mak allt' railways cum t'York' was the great pledged aim of George Hudson, 'the Railway King' and several times Lord Mayor of York. Well they do.....about 2½ hours from London, 3 hours from Edinburgh and not much more than 4 hours from Bristol.
3. Coming by car? 70 miles from Manchester, and 90 from Newcastle. The area is bristling with motorways and dual carriageways - M1, M62, A1 etc...
4. York was voted Conference Town of the Year in 1973. We welcome 30,000 delegates annually.
5. York's attractive new University, built around an artificial lake, in 1973.
6. An attractive programme of interest to other therapists and teachers which will increase exchange of ideas between disciplines. The wheelchair dancing display will be given by the White Roses of York who were National Champions in 1976-77.
7. Yorkshire hospitality.

Please watch the Journal for all further details and remember that places will be limited.

A. P. C. P. Booklets.

A new addition to the series is "The Clumsy Child" written by Miss Ann Grimley and Dr. Ian McKinlay, both of The Royal Manchester Children's Hospital. It is priced at 50p.

It is regretted that this booklet was not ready in time for the Conference and that the efforts of the printer in trying to make this deadline lead to further delay in the printing of "The Management of Juvenile Chronic Polyarthrititis". However, the latter should be available shortly and will cost approximately 65p. Copies of "The Myopathies", price 10p and "Handling the Disabled Child in Water", price 30p are still available.

All booklets can be obtained from:

Mrs M. Hazlewood, Brays School, Brays Road, Birmingham B26 1NS.

The P. R. O. still has a few copies of "Setting up an Assessment Unit", price 15p.

Please remember to enclose an s. a. e. when ordering booklets and leaflets and make cheques, P. O. 's payable to A. P. C. P.

Overseas News.

A most interesting letter has been received from Margaret Reid who is now working for The Spastic Welfare Association of Western Australia. She has taken over as secretary of the Paediatric Special Group of W. A. and is hoping to encourage more liaison between these State Groups in South Australia, Tasmania, Victoria and New South Wales.

Margaret had also been busy organising a day for Miss Stella Saywell during her visit to W.A. in May and they are all looking forward to the month's visit of Mrs. Ester Cotton during July and August. It would be nice to hear from other Overseas Members and to know of your activities.

Standing Orders.

The Treasurer and Regional Representatives report that very few Members have taken advantage of paying their annual subscriptions in this way and we do ask you please to consider this method very carefully when subscriptions are again renewed next January. Dealing with money, particularly when it is other peoples, is a very onerous task taking a great deal of time and obviously requiring strict accuracy. The Standing Order is one way of saving Mrs. Mark a lot of time and worry. Other advantages to be gained both to yourselves and the Association are that it ensures that your subscription is always paid on time (with no effort on your part) and it saves postage which in these days costs the Association more and more.

We would be grateful if, when using the Order, you would add your address along with the other details.

We would also like to remind you that if your subscription lapses it will cost £2 to renew it.

Regional P. R. O. 's.

We are pleased to welcome Miss Mortimer-White as P. R. O. for the South West Region. She joins Mrs. Dorothy Michell, London Region and Mrs. Joyce Wallace of the North West Region.

Winston Churchill Memorial Trust.

Information has been received of the categories for award of Churchill Fellowships for 1978. Categories which may be applicable to Members are as follows:-

Craft Workers and Teachers.

All men and women who teach or practice their craft including potters, bookbinders, fabric, metal and wood workers etc.

Designers and Makers of Medical Instruments and Aids.

Workers in the development of scientific and medical instruments and aids which help diagnose, alleviate or overcome the effects of illness and injury.

Leisure and Recreational Facilities for the Disabled.

For all concerned with providing the special facilities which disabled people may need in order to participate fully in leisure activities.

Special Jubilee Category for Young People Under 25.

To mark the Silver Jubilee of H. M. The Queen, awards will be offered to young people who have projects of real merit in fields not covered by this list.

To apply, send your name and address only on a postcard to:

The Winston Churchill Memorial Trust, 15 Queen's Gate Terrace, London SW7 5PR.
You will receive an explanatory leaflet and a form to complete which must reach the Trust Office by 1st November 1977.

The Court Report on Child Health Services.

The D. H. S. S. has produced a summary of this Report, ref. HN (77) 29 LASS (77) 8 which had been sent to Regional and Area Health Authorities. It can also be obtained upon written request from:

D. H. S. S. Store, Scholefield Mill, Brunswick Street, Nelson, Lancs, B89 0HU.

Mental Handicap and the Court Report.

Miss Mason attended a one-day workshop organised jointly by The King's Fund Centre and A. P. M. H. on May 26th and has sent this summary.

Introduction Dr. Austin Elliott, General Practitioner, Chester.

Explained that the Conference arose because of certain points ensuing from the previous one "Mental Handicap and the G. P. "

1. Disparity in standards of care.
2. Need for system of care providing for special needs and giving ongoing support.
3. Primary care team needs specialised training in:
 - a. roles of members.
 - b. communication.
4. Requirements for support and co-ordination of facilities for families.
5. Importance of parents.

The Court Report and Mental Handicap Services Professor Rutter, member of Court Committee and President of Institute of Child Psychiatry.

Important points of Report:

1. Look ahead over next decade.
2. Make provisions necessary for children's health - not merely fitting them into existing facilities.

Background:

1. Britain behind rest of world in child care despite vast medical and social improvement. High infant mortality rate not satisfactory.
2. Concern mounting for treatment of acute diseases but not enough for chronic handicapping conditions.

And also:

3. Increased crime rate
4. Lower education standards
5. Dental decay
6. Changes in type of family life e.g. separation, divorce, illegitimacy, multiracial, lower birth rate etc.
7. Separation of preventative and therapeutic services.
8. School doctor role uncertain. Children's services split up between a variety of agencies.
9. Children's rights (as opposed to those of parents).

Main recommendations:

1. Development of GPP
 - a. preventive
 - b. therapeutic + School Health Service
increase expertise
co-ordinate preventative services
link with training
2. Child Health Visitor.
3. Community Consultant Paediatrician with special skills.
4. Multiprofessional team (District Handicap Team) with special interest in handicapped child.
5. Integrate psychiatric services.
6. Consultancies in paediatric dentistry especially for the handicapped child.
7. Reorganisation of Medical Handicap Services separating children from adults.
8. Triennial Government report on needs of children
9. Home Advisory Service should cover all services for children.
10. Parents should have right to access to specialist services e.g. physiotherapy, speech therapy, orthopaedic examination etc.

Prevention

Suggestions:

1. SMO and Local Authority could insist on medical examination of child without parents consent in certain cases (e. g. suspected NAI).
2. Health surveillance essential at regular intervals, need not necessarily be carried out by doctor (HV could be used). It has been found that it is not satisfactory simply to 'wait for the family to come to the services' as they often did not.
3. Importance of educational medicine. Communication between school and medical people unsatisfactory.
4. 6 monthly review of children in long stay hospitals. JCC responsible for seeing that policies implemented and needs being met at local level.

Mental Handicap.

1. Totally underfinanced.
2. Different types of MH needing vastly different services.
3. Psychiatrist needs special training. In addition he should not be expected to deal with all needs, these should be left to appropriate experts and there should be adequate provision of facilities e. g. day care, pre-school, short and long stay.

Primary Care.

1. Dealt with by G. P. but should have involvement of District Handicap Team for the severely handicapped child.
2. Particular need for 'Transitional Services' in adolescence.
3. School leavers inadequately dealt with.

Points arising in question time:

1. Parents rights must not be interfered with. It was however felt that some children prevented from having health services by some parents.
2. Importance of flexibility in the transitional period - services must not 'stop at 16'.
3. MH children need psychiatric services at a higher rate than average.
4. What is the best way of getting parent participation?
 - parents groups
 - parents on committees
 - parents as active partners in DH Team

Problems of Providing Care of Pre-School and School Children who are Mentally Handicapped.

Dr. Martin Bax, Thomas Coram Research Unit, London.

Described surveys underlining the difficulties in providing care from area to area because of widely differing problems. Children from poor areas obviously not getting the best health care and had more difficulties e. g. sleeping, toilet training, speech, ear infections.

Stressed:

1. Need for feedback
2. Must visit the situation personally even though appears time-consuming.
3. Special school situation very poor. Often paediatrician does not visit or school doctor untrained though willing.
4. Stated that while many GP's and paediatricians say they are providing services, infact they cannot. Many staffing difficulties e. g. lack of reliefs, locums, registrars etc. or those supplied may be useless.

A. G. P. 's Viewpoint. Dr. G. H. Curtis Jenkins, G. P. Staines.

1. Professional rights override patients needs.
2. Inverse care law - they that need the most get the least.
3. Present developmental surveillance 'act of faith'.

4. Women doctors not given the chance - 'chauvinist attitude'.
5. Lack of funds and political will in those who have the power.

His summing up:

1. Attitudes of colleagues to preventive care need changing - prescription always 'magic cure'.
2. Important that doctor listens.
3. Illness cure versus wellness care - which is the most important?
4. G. P. 's not all overworked despite what they say but surveillance system increases workload.
5. Political needs change attitude in terms of will, commitment, money.
6. Change attitudes in training.
7. Parents should get services 'as a right and not as a fight'.
8. Improve all standards - quality.
9. If Court Report rejected what will be put in it's place?

The afternoon was devoted to group discussion and then a summary of the groups main points e. g.

1. Present method of funding services open to question.
2. Child and family has right to specialist services and opinions and continuing management and treatment.
3. It was felt very strongly that the recommendations of the National Development Group should be added to those of the Court Report, i. e. there should be a Community MH Team - including a parent.
4. MH services should NOT be given divided up into children and adults - where do you draw the line?
5. The physiotherapists present felt that training of therapy students important, they must see and handle the children/adults and gradually become aware that it is rewarding work. There was a general misconception of what physiotherapy can do, it is a 24 hour a day management job, advising parents etc and that $\frac{1}{2}$ hour/week 'exercising in the treatment room' is quite useless.

Special Care for Mentally Handicapped People.

Miss Mason also attended this Conference at The King's Fund Centre on May 31st and has sent this summary.

In opening the Conference, Dr. David Morris, Con. Paediatrician, Brook Hospital, London reminded members that:

1. The needs of the handicapped child are the same as all other children.
2. Attitudes and approaches of staff are important.
3. Professional training and expertise is challenged when faced with prevention of deterioration and preserving dignity of life.

Setting the Scene. Mr. David Norris, Director, Training Course for Teachers of the Mentally Handicapped, Dorset Institute of Higher Education.

1. Problems surrounding Special Care are the same as in mental Handicap as a whole and cannot be solved separately.
2. Problems seen according to personal experience and our attitudes towards them often cleverly concealed.
3. Many people think that mentally handicapped should be 'normalised' when in fact it is rarely feasible or advisable. Attempted 'normality' in adult Training Centres has resulted in imitation factories, the MH being a captive labour force.
4. Hospital care no longer fashionable and much time spent 'knocking' hospital services while totally inadequate local authority services allowed to pass without comment. For statistics see booklet "Day Care and Severe Handicap".

5. Mentally handicapped last in queue for money.
6. School SCU's well developed but nothing for over 16's except in isolated cases. Suggested that four separate types of provision needed:
 - a. initial TC for profoundly handicapped where individual programme planned and given.
 - b. advanced T/Unit preparing suitable clients for work in the community - needs to be residential.
 - c. sheltered workshop for those unable to cope with b.
 - d. intensive support unit associated with a. providing facilities for hyperactive and unresponsive on separate premises, with adequate space.
7. Staff/parents/clients should not be isolated in small scattered units.

Seminar Session.

| | | |
|----------------|---------------------|---|
| <u>Group A</u> | Miss Cynthia Mason. | Sen. Physiotherapist, Eastern Hospital, London. |
| | Mrs. Betty Budd. | (Supt. Physiotherapist, St. Lawrence's Hospital |
| | Mrs. Joyce Evans. | (Teacher, Caterham |

Miss Mason.

Brief outline of work in long stay hospital ward, stressing importance of intergration with school staff, nursing staff and other willing interested personnel. Problems of older children - maintenance and positioning rather than active treatment. Importance of student training. Poverty of environment a problem.

Mrs. Budd and Mrs. Evans.

Peto based group within school setting, again with older children. Important to select carefully - basic communication level essential. Have had encouraging results with their children and are about to commence activities with a younger group.

General comments to close Conference.

1. It was suggested that the recommendations of the Court Report were insufficient for the mentally handicapped and the recommendations of the National Development Group should be added i. e. a Community Mental Handicap Team as well as District Handicap Team.
2. Much unrest in some quarters as to training and purpose. Obviously many special care staff concerned about their roles and felt that their work was being interfered with. Seemed to be more concern for this than for the patients which was a pity. Staff needs must be looked into. Appointment of a co-ordinator not always welcomed though better communication obviously essential.

Two different problems in Special Care.

1. No provision of facilities or variable provision - parents thrown on the resources of the area where they live.
2. Facilities there but the staff do not work together to use them for either personal or administrative reasons.

Finally it was felt that there were many unresolved difficulties needing discussion.

We would like to thank Miss Mason for these two very interesting reports and all the work she has put into summarising them.

VOLCUF - The Voluntary Organisations 'Liaison Council for Under Fives'.

The Council represents some 30 national groups active in the pre-school field. It began as a loose federation of bodies who agreed to work together to explore the possibilities for devising a national policy for Under Fives. The prime aims are to provide a forum for ideas and developments in provision for the Under Fives and their families, to co-ordinate and disseminate information to members and to consult and discuss with other bodies.

Further information can be obtained from:

Elsa Dicks, VOLCUF Co-Ordinator, 11 South Hill Park, London NW3.

On May 20th a Seminar was held entitled 0-5: A Changing Population - Implications for Parents, the Public and Policy Makers. Mrs. Michell attended this and again we are most grateful for the following summary:

Falling Fertility: The Effect on the 0-5 Age Group of the Changing Demographic Structure. Elizabeth Overon, Research Fellow, Centre for Studies in Social Policy. An interesting talk on falling fertility and the effects on Britain of a static in falling population. Details were given of the structure of the family, working mothers, consequent child care for the under 5's, the immigrant population and it's trends.

Her summary was:

1. No reason for the government to cut back on finance for the under 5's because of the fall in fertility - the needs of this group were not met today.
2. Different families need different types of help.
3. Women should be given a real choice on how to bring up children.

Family and Community Influences on 0-5's. Professor Neville Butler, Director, Dept. of Child Health Research Unit, Bristol.

Talked of his survey of 15,000 births in one week in 1970. Mrs. Mitchell asked how many of these were handicapped and was told 1% but developmental delay might be more apparent in others as they grew older and the true number of handicapped could not be assessed until they were 15. He particularly talked on how many of the mothers worked and looked after their children whilst they did so. Sue Darling expanded this theme and also talked of parents visits to the health centres and the difficulties of keeping a record of children as they got older. Should health organisers be linked with playgroups/nursery classes?

The 'At Risk' Targets for Under 5's: Priorities of the Vulnerable. Professor Eric Stroud, Dept. of Child Health, King's College Hospital, London.

Spoke of the 'at risk' due to young parents/bad child minders etc. and the importance of the first 5 years of a child's life in becoming themselves an adequate and responsible adult. The Chairman, Lady Plowden summarised the Seminar and their aims:

1. To strengthen the family, particularly the mother.
2. Strengthen services of the community.
3. Strengthen voluntary organisations and voluntary workers.
4. Co-operate with different departments and with central and local government.

"Sitting Comfortably".

The first of a series of booklets which are being written by the staff of Chailey Heritage on Information for Independence. It is a basic guide on various aspects and problems of seating and concludes with a section on moulded seat shells on which much research has been done at Chailey. The booklet costs 20p and can be obtained, on receipt of an 8½ x 6½" s. a. e. from:

Miss R. Cartwright, Supt. Physiotherapist, Chailey Heritage Craft School and Hospital, North Chailey, Nr. Lewes, Sussex.

It is also hoped to have copies for sale at all our Association courses.

"Help Starts Here - for Parents of Children with Special Needs".

Mention was made in the last Newsletter of this useful directory/handbook of addresses and other information of use to all involved in the care of the handicapped. We have now been notified that in fact further funds were obtained to enable a second printing to be made and therefore copies can be obtained, free of charge, but enclosing a s. a. e. from: The Voluntary Council for Handicapped Children, National Children's Bureau, 8 Wakley Street, Islington, London EC1V 7QE.

Members may also be interested to know that the Voluntary Council are keeping copies of all our Association booklets in their reference library.

"A Sense of Movement - Movement for Severely Retarded Children".

The third film made by Veronica Sherborne whose work in training teachers of severely retarded children is widely known both in Britain and abroad. Her previous films have been "In Touch" and "Explorations". In this latest film, one of her former students, now a teacher, takes movement classes with 5 - 8 year olds and 15 -16 year olds from the New Fossway School, Bristol. The film is made by the Dept. of Drama of Bristol University and is available, along with the two previous ones from: Concord Films Council Ltd., Nacton, Ipswich, Suffolk, IP10 0JZ. It is 16mm colour, lasts for 40 mins. and the hiring fee is £8.60.

"Feeding the Cerebral Palsied Child".

A new set of slides with commentary produced by Camera Talks Ltd. Sets can only be bought but seem reasonably priced and all are available on a sale or return basis. The company produce an extensive catalogue of slides, filmstrips and tapes, many of which are particularly appropriate to both physical and mental handicap and paediatric physiotherapy.

Their address is:

Camera Talks Ltd., 31 North Row, London W1R 2EN.

The Sesame Institute for the Arts in Therapy.

Recognising the special responsibilities of the application of the Arts in therapy, practitioners in Music, the Visual Arts and Movement and Drama have founded Sesame. The Institute is particularly concerned with standards and training and will investigate the need to establish and monitor professional standards. A steering committee has been appointed whose members are drawn from all parts of the British Isles. A full-time training course is run at Kingsway-Princeton College, London, and arrangements are near completion for a similar course to be held in the North of England.

Castle Priory College.

The programme of courses current to the end of the year is now to hand. Further details can be obtained from:

Mrs. J.W. Knowles, B.A., Castle Priory College, Thames Street, Wallingford, Oxon, OX10 OHE.

The College are also keeping copies of the Assessment Unit leaflet in their library.

"Nursery World".

A weekly magazine, price 15p. which contains many useful articles, particularly for those dealing with the under 5's. Two recent articles have been on 'Is My Baby Normal?' with pictures illustrating some of the standard tests used in the examination of the young baby and 'What They Get up to in the Physio Department'. This article gives a simple explanation of what physiotherapy is and it's application in particular types of handicap.

"The Developing Child".

A new series of books which aim to make recent research on human development available to a wide audience. The first four were published at the beginning of April. "The Psychology of Childbirth" traces the relationship between a mother and her baby from conception to the first few hours and days after birth. "Play" explains how the child learns about itself, other people and the world. "Distress and Comfort" examines when and why babies cry, whether they should ever be left to 'cry it out', and whether separation in the early months does lasting harm.

"Mothering" considers whether the mother-child relationship is essentially a matter of physical care, or of attitude, or of stimulation etc. . Further titles "What is a Child?" and "The Perceptual World of the Child" will be published in October. The books are published in paperback by Fontana/Open Books, price £1 and in hardback by Open Books price £3.50.

The National Society for Autistic Children.

The latest publications and price list has been received and can be borrowed from the P. R. O. on receipt of the usual 8½ x 3½" s. a. e.

The address of the Society is:

1a, Golders Green Road, London NW11.

Nursing Times.

An article published in the June 10th 1976 issue is entitled 'Activities for the Severely Handicapped' and describes the work carried out at The Elizabeth Centre which is attached to Little High Wood Hospital, Essex. It is an activities and training centre for severely mentally handicapped adults and children who are also incapacitated to a high degree by physical handicaps. The hospital is the home of these patients and the activities centre acts as an extension of their home life. As this issue of Nursing Times is now somewhat out of date the P. R. O. will send photocopies, price 10p of the article on receipt of a s. a. e.

Rehabilitation Engineering Movement Advisory Panels - REMAP.

This organisation has been established within the broader scope of the British Council for the Rehabilitation of the Disabled and aims at harnessing the voluntary services of engineers, doctors and others in providing research, advice and assistance in the solution of specific problems of personal mobility encountered by the physically disabled. REMAP will already be known to a great number of people but for anyone else interested, the P. R. O. has an up-to-date list of the names and addresses of the Regional Organisers and also of the Panel Secretaries in the North West Region.

National Association for Mental Health (MIND).

A monthly digest on mental health and disorders is now being produced by the Association. It covers news from Parliament, research developments etc. and is aimed at all workers with the mentally handicapped and also health and social services administrators. There are 10 issues per year and they can be obtained, price £4 from:

MIND Information Bulletin, 22 Harley Street, London W1N 2ED.

Maps for the Blind.

Those working with the visually handicapped may be interested to know that these maps are available to schools administered by the Royal National Institute for the Blind and to similar organisations. They are on 60 x 45cm flexible PVC sheets and have braille transcriptions of the printed information. Locations of towns are indicated by raised dots, courses of rivers, lakes and seas by depressions and territorial boundaries on the political maps by raised projections. On the physical maps, altitude is represented by surface texture changes. Street maps are also produced and all are printed in bright colours to aid the partially sighted.

Further information can be obtained from:

Paul Tucker, Braemar House, Sale Place, London W2 1PD.

Nature Walk for the Disabled.

The National Trust has made it possible for wheelchair users to enjoy what is thought to be one of the most beautiful lakeside nature walks in the Lake District. It was opened

on April 23rd by Sir Jack Longland and starts at Friars Crag on Derwentwater before skirting the north-eastern shore of the lake and then returning through woodland along the Borrowdale road. An illustrated guide is available from the Trust's Information Centre by the Keswick boat-landing and this includes a map of the two mile route and information on the history of the area. The Trust's warden for Borrowdale has also adapted the access points to Castlerig Stone Circle, Great Wood on Derwentwater and Isthmus Wood beyond Crow Park so that people in wheelchairs can visit these places.

Natural History Museum.

A new Hall of Human Biology at the Museum was opened by Mrs. Shirley Williams on May 24th. The permanent exhibition of human biology is organised around these sub-themes; growth; mental and hormonal control and learning. It shows aspects of human development from fertilisation to adolescence and moves away from the usual sequential, methodical character of exhibition towards a presentation which encourages people to explore and discover for themselves.

Assistance with Laundry for Parents of Incontinent Children.

An interesting article in the Nursing Times of June 9th 1977. It deals with the problems and social consequences of incontinence and the variety of interpretations which have been put into the law as stated in Section 12 of the Health Service and Public Health Act of 1968, the National Health Service Reorganisation Act of 1973 and the Local Authority Social Services Act of 1970. The article continues with a description of the Family Fund and the ways in which they have been, and are, of help to families particularly in the provision of washing machines. Mention is made that a pamphlet discussing incontinence among handicapped children will be one of the future publications by the Disabled Living Foundation, also that families in receipt of supplementary benefits can obtain a second-hand washing machine if they have exceptional need - a fact which does not seem to be widely known.

National Society for Mentally Handicapped Children.

A bulletin entitled "Communications" is published by the Society and costs £5 for three issues. They contain much useful information; information and reviews of booklets and many articles of interest and help.

"Communication" can be obtained from:

James Ross, Director, Welfare Services, N. S. M. H. C., Pembridge Hall, 17 Pembridge Square, London W2 4EP.

Association of the Professions for the Mentally Handicapped.

Their publications list has been received and further copies can be obtained from:

A. P. M. H. 126 Albert Square, London NW1 7NF.

Miss Mason tells us that she has a book list of her own and will send this to anyone sending her a foolscap s. a. e. Her address is:

Physiotherapy Dept, Eastern Hospital, Homerton Grove, London E9 6BY.

NEWS FROM THE REGIONS.

North East.
R. H. A. 1 & 2.

Reg. Rep.

Miss M. Barton,
Child Assessment Unit,
Seacroft Hospital,
Leeds LS14 6UH.

An evening meeting was held at the Child Assessment Centre, Leeds on February 9th when Mrs. Nina Firth spoke on "The Emotional Problems of Pregnancy and Early Motherhood". On March 19th, at John Jamieson School, Leeds the A. G. M. was held. This was preceded by lectures on "Leisure Activities for the Handicapped". It was disappointing that the attendance was poor as there were very interesting talks given on "Music", "Riding" and the "PHAB Clubs". At the A. G. M. Mrs. Eileen Walters resigned as secretary and was presented with a Gift Token in recognition of all the work she had done over the last 3½ years. It was decided that as the National A. G. M. and Conference is to be held in York in 1978 two extra Committee Members should be elected; these are Mrs. Jill Simpson from Halifax and Mrs. Susan Ellershaw from Harrogate. Mrs. Zeta Crossley from Huddersfield was also elected. Mrs. Ann Berry has taken over as Secretary for the time being and will be helped by Mrs. Simpson. There have been 18 new Members so far this year. A sub-committee, chaired by Miss Elizabeth Carrington, has been set up to organise the Fifth Annual Conference and their progress is detailed elsewhere. Two evenings were also planned for June - on the 15th a Coffee Evening at the home of Mrs. Vivienne Learoyd in Leeds in aid of funds for the Fifth Conference and on the 27th Dr. Lewis Rossenbloom was to speak at St. James Hospital on "Epilepsy and it's Treatment in Children".

For future programme, please see Diary.

Midlands.
R. H. A. 3 & 12.

Reg. Rep.

Mrs. M. Hazlewood,
19 Devonshire Road,
Handsworth Road,
Birmingham B20 2PB.

The A. G. M. was held at the School of Physiotherapy, Queen Elizabeth Hospital, Birmingham on February 23rd and was followed by a punch and cheese party. On March 26th Mr. David Scrutton tutored a day on 'Various Aspects of Gross Development in Relation to Physiotherapy'. It was held in the newly built School of Nursing at University Hospital, Nottingham. Any profit from the course was to be split down the middle as a special bank account has been opened to be used to finance therapists attending courses etc. when expenses and fees are not paid by their Authority. The day was very successful and was attended by 72 people. At the February National Committee Meeting the final arrangements for the Fourth Annual Conference were detailed. An evening meeting has been planned for June 14th at Rose Hill School, Wardon, Worcester, when Dr. P. Crawley was to speak on "The Motor Impaired Child and his Learning Problems".

East Anglia.
R. H. A. 4, 5, 6 & 10.

Reg. Rep.

Mrs. M. Walters,
Ladywood Cottage,
Sarratt Lane,
Rickmansworth,
Herts.

A meeting was held in May at Lonsdale School when Mrs. Luxembourg spoke on 'The Clumsy Child'. There are 45 Members.

South East.
R. H. A. 7 & 8.

Reg. Rep.

Miss M. Harding,
Cornerways,
1 Manor Hall Road,
Southwick,
Sussex BN4 4NA.

An instructive and enjoyable day course was held at Thomas Delarue School which was attended by 38 people, the A. G. M. was also held on that day. Miss Kate Hanshaw of Marjorie McClure School has resigned from the Committee and has been replaced by Miss Pratt from Tadworth. 39 people attended the afternoon course at St. Richard's Hospital, Chichester where they have a very fine team of therapists led by Dr. Towers. There are 69 Members in the Region including 8 who are new. In the Spring of 1978 it is hoped to have a course with talks to be given by a multidisciplinary team; it is to be held at Southgate School, Crawley. For another course which has been arranged, please see Diary.

South West.
R. H. A. 9 & 11.

Reg. Rep.

Miss D. Wheatley,
22 Glebelands Close,
West Stafford,
Dorchester,
Dorset.

In this scattered and difficult to administer Region there are now three Sub-Groups in Bristol, Exeter and Southampton and it is hoped that this will make it easier to run more day courses. Miss Skinner in Exeter had her Annual Study Day in April on 'The Mildly Handicapped'. Mrs. Tarrant in Southampton is arranging a day course in September (please see Diary) and Miss Smith in Bristol also intends to have a study day this year. Although there are 7 new Members the total Membership is down to 53 but it is hoped that the 20 un-paid ones will see the error of their ways and fill in Standing Orders.

North West.
R. H. A. 13 & 14.

Reg. Rep.

Mrs. B. Lambert,
36, Woodcrest,
Wilpshire,
Blackburn,
Lancs.

There are 132 Members in the Region. Two courses have been held, both at The Royal Manchester Children's Hospital. On Nov 12th Miss Sophie Levitt lectured on 'Motor Development and Therapy' and on January 29th Mrs. Ester Cotton spoke on 'Treatment or Education in Cerebral Palsy'. Both these courses were very popular and were particularly appreciated by therapists who have not had the opportunity to attend other courses away from home. The A. G. M. was held on February 22nd in conjunction with an evening talk given by Mr. James Hogg of the Hester Adrian Research Centre on 'Research into Mental Handicap'. The second eight week Bobath Course is again being held at R. M. C. H. in July and August, 1977. Please note that the day course at St. Mary's Hospital has had to be brought forward one week to September 24th - programme in Diary.

London,
Metropolitan

Reg. Rep.

Miss C. Mason,
Eastern Hospital,
Homerton Grove,
London E9 6BY.

The Orthopaedic Course on February 19th had over 200 participants. It is hoped to have a day course on 'Clumsy Children' at Northwick Park in February 1978 and details will be given in the next Newsletter and in the Journal. It is hoped that this will be the first joint course with the Paediatric Occupational Therapists Association. Replies are coming in to the questionnaire and much useful information is emerging. Any paediatric physiotherapist in the London Region in charge of an establishment which has not received a questionnaire is asked to contact Miss Mason. The Region is particularly anxious to cover Community physiotherapy and those working in small and possibly isolated places and have experienced some difficulty in finding the best lines of contact - please help them to help you. The A. G. M. will be held on October 8th following the day course on 'Vision'. Details will be sent to London Members later but please bear in mind that nominations will be required for two Committee members. It is regretted that there are 30 un-renewed subscriptions but there are 87 paid-up Members. Mrs. Dorothy Seglow has been appointed to the North West Metropolitan Board to represent paediatric physiotherapists but offers are invited for a member to sit on the South West Board - please contact Miss Mason. Much interest is being shown in the ongoing lecture series 'Under 5 and Disadvantaged' and further details appear in the Diary.

Scotland,

Reg. Rep.

Mrs. A. Murdoch,
Royal Hospital for
Sick Children,
Yorkhill,
Glasgow G3 8SJ

40 people attended the 'Intensive Care' course held in Glasgow in November and it was regretted that many more people applied but ultimately had to cancel because they could not get their expenses paid by their Authorities. There are 30 Members in what is another scattered area with all the associated problems of travel etc.

Wales.

Reg. Rep.

Mrs. S. Butler,
15, Elm Grove,
Parc Avenue,
Caerphilly,
Mid Glamorgan.

The A. G. M. was held in March with also a talk on the 'Toy Library'. A meeting was being held on April 26th with two films on 'Movement', one with physically handicapped and the other with mentally handicapped. Membership is now 22, 6 of them being new and though because of this, attendance at meetings is naturally low it has been decided to arrange a further series of lectures. A new Member from North Wales is interested in trying to arouse some interest in that Region.

D I A R Y.

- July 1st. N. S. M. H. C.
Seminar on 'Conductive Education',
Applications to: Gabriella Michaels, N. S. M. H. C. , 17 Pembridge Square,
London W2 4EP.
- July 9th/10th. Birmingham Branch of C. S. P.
'Halliwick Swimming Course - 10 Basic Points',
Charles Gillette Centre,
Selly Oak Colleges,
Birmingham.
Fee £6
Applications to: Mrs. E. M. Brown, 11 Verstone Croft, Northfield,
Birmingham B31 2QE.
- July 19th. Institute of Mental Subnormality and King's Fund Centre.
'Physiotherapy for the Mentally and Multiply Handicapped'.
King's Fund Centre,
London.
Chairman: Professor Holt.
Speakers: Miss Sophie Levitt, Mrs. Betty Budd, Mrs. Shirley Moule.
Fee: £3. 50 I. M. S. Members, £5. 00 non-Members, including coffee,
lunch, tea.
Applications by July 8th to:- Mrs. Carmel Bonnet, King's Fund Centre,
126, Albert Street, London NW1 7NF.
- July 11th -
16th. Salford College of Technology, Dept. of Humanities.
North West Regional Conference in Remedial Drama/Drama Therapy.
Fee: £30 including buffet meal on the two days when there are
evening sessions.
Details of suitable accomodation will be provided on request.
Further details from: The Registrar (Short Courses), Salford College
of Technology, Frederick Road, Salford M6 6PU.
- Sept 10th. A. P. C. P. North East.
Barbecue at home of Mrs. Jill Simpson, Halifax.
In aid of funds for Fifth Conference.
- Sept 24th. A. P. C. P. South West - Hampshire Sub-Branch.
Study Day.
Dept. of Rehabilitation, Southampton General Hospital.
'Follow-up of High Risk Neonates' - Dr. C. Jones, Sen. Paed.
Registrar Discussion - Chaired by Dr. R. Robertson, Senior Medical
Officer. 'The Role of the Parent in Treatment of a Handicapped Child'
Dr. Ed. Miller, Sen. Lecturer in Clinical Psychology.
Fee: Members £1, non-Members £1. 50 inclusive of tea and coffee.
Lunch can be bought in canteen.
Applications by August 26th to: Mrs. M. Tarrant, Dept of Rehabilitation,
Southampton General Hospital, Trehona Road, Southampton SO9 4XY.

Sept 24th.

A. P. C. P. North West.

'The Genesis of Handicap'.

Dr. R. Harris - Reader in Medical Genetics. 'Genetic Counselling'.

Mr. R. L. Gadd, Con. Obstetrician. 'Ante-natal Diagnosis'.

'The premature and it's Problems' - Dr. M. L. Chiswick,
Con. Paediatrician.

'Perinatal Asphyxia' - Dr. S. d'Souza, Con. Paediatric Neurologist.

'The Environment' - Dr. F. Bamford, Sen. Lecturer, Child Health,
St. Mary's Hospital,

Hathersage Road,

Manchester.

Further details will appear in the Journal.

Sept 24th.

A. P. C. P. London.

Commencement of 'Under 5 and Disadvantaged' Series - further details
at end of Diary.

Oct 8th.

A. P. C. P. North East.

'Communications'.

Ian Tetley School,

Harrogate.

Enquiries to: Mrs. Ann Berry, John Jamieson School, Hollin Hill Drive,
Leeds 8.

Oct 8th.

A. P. C. P. London.

'Visual Disorders in Paediatrics'.

Kennedy Lecture Theatre.

Institute of Child Health,

Guilford Street,

London WC1.

Fee: Members £2.00, non-Members £3.00, Students £0.50p.

Lunch is available at £1.25 per head for the first 20 applicants but do
not send lunch money with application.

Cheques payable to A. P. C. P. and enclose s. a. e. for receipt and programme.

Applications to: Mrs. J. Maughan, 16 Lee Road, Greenford, Middlesex.

Basic Anatomy and Neurology - Mr. I. Levy, Con. Ophthalmologist.

Development of Vision and the Growth of Visual Perception in Young

Children - Dr. D. Egan, Con. Paediatrician.

Squints - Mr. P. Fells, Con. Surgeon.

Visual Problems in the Handicapped Child - Mrs. P. Rice and

Miss J. W. Walker, Orthoptists.

Teaching the Partially Sighted - Mr. R. Crosbie, Head Teacher.

Closing date for applications: October 1st.

Nov 12th.

A. P. C. P. South East.

The Role and Experience of a Regional Child Development Unit.

Introduction - Dr. B. Neville, Con. Paediatric Neurologist & Director, Newcomen Centre, Guy's Hospital.

Genetic Counselling - Dr. C. Berry, Sen. Registrar, Paediatric Research Unit, Guy's Hospital Medical School.

The Developmental Examination of a Normal and Handicapped 3 year old Child - Dr. D. Egan, Con. Paediatrician, Newcomen Centre & Dr. B. Neville. The Role of a Clinical Psychologist in a Regional Child Developmental Centre - Mrs. J. Clark, Sen. Clinical Psychologist, Newcomen Centre.

Jan 21st/
22nd 1978.

Royal Manchester Children's Hospital.

Movement and Drama for Therapists - A Creative Approach.

Talks/film/demonstration/practical work. Applicable to remedial therapists working with physically/mentally/multiply Handicapped children.

Mr. G. Wiseman - Lecturer in Remedial Drama, Salford College of Technology.

Mr. J. Cannon - Teacher, Melland Special School, Manchester. Programme to follow in September.

Salford College of Technology, Dept. of Humanities.

Part Time Courses in Remedial Drama/Drama Therapy.

A college certificate course on a once weekly basis. It will cover communication techniques using drama, music, movement, mime, improvisation, simple role play and project work will be explored.

Cost: approx £13.00 for 36 weeks.

The course tutor may be contacted at: 061-736-6541 (ext. 296).

London Region.

Under 5 and Disadvantaged.

Maitland Lecture Theatre,
Queen Elizabeth Hospital for Children,
Hackney Road,
London E2 8PS.

Series of 10 lectures on Saturday mornings - 9.15am for 9.30am - 12.45pm.

70 places available. Certificates of Attendance available if required.

| | | | |
|---|------|------------|-------|
| Fee: Each $\frac{1}{2}$ day lecture group | | member | £1.00 |
| | | non-member | £1.25 |
| Autumn Term | each | member | £2.50 |
| Winter Term | | non-member | £3.25 |
| Spring Term | | member | £3.25 |
| | | non-member | £4.25 |

To include morning coffee.

AUTUMN TERM.

Sept 24th.

Medical Intervention in the Early Months.

Ante-natal Foetal Hazards - Mr. J.S. Fox, Sen. Registrar, Obstetric Unit, West Middlesex Hospital.

Disease and Non-Disease in Infants and Young Children -
Dr. R. J. K. Brown, Con. Paediatrician, Queen Elizabeth Hospital,
Neonatal Surgery - Mr. J. A. S. Dickson, Con. Paediatric Surgeon,
Queen Elizabeth Hospital.

Oct 29th. Inheritable Handicapping Conditions.
Prenatal Diagnosis - Dr. R. H. T. Ward, Lecturer, Dept. of Obstetrics
& Gynaecology, University College Hospital.
Research - with reference to the Haemoglobinopathies - Dr. B. Modell,
Lecturer, Paediatric Dept, University College Hospital.
Genetic Counselling - Dr. R. Stephens, Hospital for Sick Children,
Great Ormond Street.

Nov 19th. Concept Development.
Early Concept Development - Mrs. M. Lowe, lately Sen. Clinical
Psychologist, Hospital for Sick Childen, Great Ormond Street.
Concept Development in the Older Child - Dr. R. M. C. Huntley, Sen.
Lecturer in Educational Psychology, The Wolfson Centre.
Practical Aspects - Miss F. Stuart, Speech Therapist,
Queen Elizabeth Hospital.

Closing date for applications September 1st.

Application forms and detailed programmes for each term (and travel details) from:-

Mrs. M. S. Whyte,
Physiotherapy Dept,
Queen Elizabeth Hospital for Children,
Hackney Road,
London E. 2.

Telephone: 01-739-8422. ----- BLEEP please enclose s. a. e.

WINTER TERM.

Dec 10th. Under 5 and Understimulated.
Jan 28th. Living in London.
Feb 25th. Behavioural Abnormalities.

Closing date for applications November 7th.

SPRING TERM.

Mar 18th. Non-Accidental Injury.
Apr 29th. Visual Handicap.
May 20th. Hearing Handicap.
Jun 17th. Globally Retarded.

Closing date for applications February 14th.

STOP PRESS.

"A Handbook for Parents with a Handicapped Child".

Compiled by Judith Stone & Felicity Taylor, this book of 400 pages is a complete reference volume of all the information which might ever be needed either by parents or others involved in advising them. There is a most comprehensive list of names and addresses of all Societies, Associations etc with a summary of their work, provisions and aims. It is an Arrow Original publication and costs £2.50.
