

**ASSOCIATION OF  
PAEDIATRIC  
CHARTERED  
PHYSIOTHERAPISTS**

**NEWSLETTER**



**APRIL 2010**

**ISSUE  
NO. 7**

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*The Editorial Board does not necessarily agree with opinions expressed in articles and correspondence, and does not necessarily endorse courses and equipment advertised.*

The Association of  
Paediatric Chartered Physiotherapists in Wales  
Present :



# Celtic kids

Wednesday September 1st 2010

9.30 am – 5 pm

Merthyr Tydfil Leisure Village,  
Merthyr Tydfil,  
CF48 1UT.



Wales' free exhibition dedicated to disabled children, their families and professionals working with them.

Information available on mobility, seating, sleeping, toys, transport, clothing, sensory, sports and leisure

Companies who attended in 2009 :

Jenx - R82 - Leckey - Rainbow Mobility - SYMMETRIKIT  
Safespaces - Invacare - Theraposture....and many more!



Plus Free  
Prize  
Draw on  
the Day

For more information please contact:

Davina Isaac

Tel: 02920522600

Email: [celtickids@hotmail.co.uk](mailto:celtickids@hotmail.co.uk)

Web: [www.celtickids.org.uk](http://www.celtickids.org.uk)



ENTRY IS  
FREE  
EASY  
ACCESS  
PARKING

# APCP Matters

## APCP National Committee – Working Weekend Glasgow, February 26th-27th 2010

The APCP National Committee, Regional Representatives and Group Representatives met at the City Inn in Glasgow for a Working Weekend at the end of February.

In addition to the regular National Committee meeting, business focused on a number of issues including: the structure of APCP National Committee and clarification of officers' roles and responsibilities; APCP's five-year plan; APCP's response to the CSP's consultation on the future structure of Clinical Interest and Occupational Groups (previously reported on in February's Newsletter); and Paediatric Physiotherapy Competencies.

### APCP National Committee

The past few years have seen a number of changes in the operational structure and activities of APCP.

In 2008, APCP contracted an Administrator for the first time to assist with some of the administrative and business tasks of the Association. Since the latter part of 2008 this role has been performed by Fiona Moore, previous National Committee member and former National Treasurer. The process of establishing the specific role and responsibilities of Administrator is still ongoing and Fiona is helping to define this role more specifically to ensure that the Administrator is used effectively and to ensure that the role can be transferred to another individual in the future as and when necessary.

At present the Administrator has responsibility for membership subscriptions and for management and maintenance of the membership database; distribution and sales of APCP publications; administration for some APCP courses; assisting the Conference Organising Committee; assisting with collation and preparation of the APCP Newsletter and publications; and day-to-day management of the APCP website.

The creation of the Administrator's post has inevitably impacted upon some of the roles and responsibilities previously held by certain officers on National Committee and it was agreed that these roles and responsibilities will require clarification over the following year.

The Research and Education, and the PRO and Publications Groups will be meeting separately over

the coming months to look specifically at these roles and to consider future activities within these areas. It was agreed that APCP needs to establish a more structured education and training programme for its members and this remit will fall to the Research and Education Group which has recently been strengthened with the recruitment of two new National Committee members – Jane Reid and Jo Brook. The PRO and Publications Group will have a more defined role in the promotion of the Association and in member engagement, and will take on future responsibility for the publication of the APCP Newsletter – formerly the remit of the APCP Editor.

The development of the new APCP Journal will continue to be a big commitment for APCP and we need to continue to recruit to the Editorial Board to ensure good support for the APCP Editor in this project.

### APCP 5 - Year Plan

Last year, Linda Fisher suggested that APCP should consider developing a 5-year plan to assist the Association to develop and plan its activities in line with the Association's key objectives. The idea is that this would be a 'living' document both assisting with developing the action plan for the future and with recording and collating the activity of the Association. It will also assist APCP when the Association is required to apply for CSP re-recognition, as we will be required to evidence our activities under stated objectives.

A session was spent looking at the CSP Annual Corporate Plan and the CSP CIOG Structure and Re-recognition Criteria to assist with development of our own 5-Year Plan. The outline of this plan was sketched and the sub-committees, and Regional and Specialist Groups are being asked to input into the content of this plan over the coming few months.

### Paediatric Physiotherapy Competencies

A large part of the Working Weekend was devoted a discussion around the issue of paediatric physiotherapy competencies. We were pleased to welcome Gwyn Own who gave an update of the Charting the Future project and next steps. Jane Reid also explained the work of NES in developing the education framework for Allied Health Professionals working with children in Scotland.

Some time was spent looking at some examples of competency documents that have already been published, such as RCN Competency Frameworks, RCSLT Competencies and Charting the Future draft Framework, and discussing the value and implications of APCP undertaking such work at this time.

## APCP Matters

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It was concluded that it is not feasible at present for APCP to undertake such a large project when it is uncertain whether the work would have any real influence for members. It will be important for APCP to influence competency frameworks that are currently being developed and that have implications for paediatric physiotherapists.

The Neonatal Group, however, has already drafted a competency document for physiotherapists working in the NICU. This has been developed as part of the Group's involvement in the Neonatal Taskforce and so may have greater potential to influence the workforce. It will also be a good 'pilot' for APCP to gauge its influence on stakeholders and for members.

It was agreed that APCP may have a more realistic role in supporting members' education and training and that efforts should focus on developing a schedule of courses that deliver pre-defined learning outcomes. It was also agreed that paediatric physiotherapy managers might benefit from some guidance for managers having to develop competencies in the workplace.;

### Annual Representative's Conference (ARC)

APCP submitted the following motion at ARC (Motion 14):

Transition can be defined as "the purposeful planned movement of adolescents and young adults with chronic physical and medical conditions from child-centered to adult-orientated health care systems". Transition is recognised nationally as a particularly risky part of the patient pathway and as a result is subject to various national standards.

To support physiotherapists in this area, conference calls on the CSP to:

- produce guidelines for physiotherapists, managers and commissioners on adolescent transitional care to ensure that transition is identified and addressed in all areas in which young people are seen;
- develop and implement a plan that will ensure effective promotion and uptake of these guidelines across relevant parts of the health and social care system in the UK;
- set standards in respect of skills development and training for physiotherapists whose services accept referrals of clients between 13 and 19;
- carry out a survey to identify the training needs of newly qualified physiotherapists who work in services that accept adolescent referrals and, depending on the results of the survey, to positively influence the modification of the

undergraduate curriculum and to work with managers of services to identify appropriate training opportunities for newly qualified physiotherapists.

The motion was presented to the Conference on behalf of APCP by Stephanie Phillips, a physiotherapist working in an adult service that accepts referrals for young people from the age of 16 years.

Stephanie referred to the adolescent e-learning project that was instigated and funded by the DoH and which was developed following a detailed analysis of curricula competencies and training needs of all doctors and nurses, and suggested that identification of the training needs of physiotherapists whose services accept referral for clients aged between 10-19 years, and of newly qualified physiotherapists, would align physiotherapists with other professional bodies, as well as identifying gaps within the undergraduate curriculum.

She identified transition as a risky part of the patient pathway and that expertise in adolescent care is needed in both adult and paediatric sectors to ensure that as a profession we are getting transition right for young people.

The Motion received a great deal of support from Conference delegates and was passed un-opposed. We will report back to members when a response to this motion is published by Council.

**Laura Wiggins**  
APCP Chair



APCP National Conference  
November 12th & 13th 2010

## **‘Function for the Future’**

Techno Centre, Coventry

Early Bird Discount available for bookings made  
before 10th August 2010



## FUNCTION FOR THE FUTURE

### DRAFT PROGRAMME



#### Friday 12 November 2010

09.00 - 09.45	Registration
09.45 - 10.45	Chronic Fatigue Syndrome - Esther Crawley
10.45 - 11.15	Coffee & Exhibition
11.15 - 11.45	Free Paper Session
11.45 - 12.30	Spina Bifida Survey Feedback - Geraldine Long
12.45 - 13.45	Lunch
13.45 - 14.30	Neonates Lecture – Nicky Hawkes
14.30 - 15.30	Transition - Kathie Drinan
15.30 - 16.00	Coffee & Exhibition
16.00 – 16.45	Bridging the Gap Between Acute and Community Respiratory Services – Anika Sheppard
17.00 - 18.15	Exhibition
19.30 / 20.00	Conference Dinner

#### Saturday 13 November 2010

09.00 - 09.30	Registration
09.30 - 10.00	Dogs for the Disabled – Pippa Massingha and Mundy
10.00 - 10.30	APCP National Survey – Sue Coombe
10.30 – 10.50	Jenx Award
10.50 - 11.20	Coffee & Exhibition
11.20 - 12.00	APCP AGM
12.00 - 13.00	FES – Christine Singleton
13.00 - 14.00	Lunch
14.00 – 15.00	Outcome Measures – Virginia Knox
15.00 - 15.30	Free Paper Session
15.30 - 16.30	Inherited Metabolic Disease – Liz Wright
16.30	Close of Conference – tea to finish

*All timings, lecture titles and speakers are currently subject to change.*





APCP National Conference

# Function for the Future



12<sup>th</sup> and 13<sup>th</sup> November 2010

Techno Centre – Coventry

## Personal Details

Name:		
Postal address:	Postcode:	
Phone numbers:	Home:	Work:
Email:		
Place of Work (to appear on delegate badge)		
APCP Membership No.		
Do you have any special needs / dietary requirements?		

## Payment Details

Booking options and costs are detailed overpage – please indicate your choice and enclose a cheque for the appropriate amount.

*Cheques should be made payable to 'APCP' and sent with completed application form to:*

**APCP, PO Box 610, Huntingdon, PE29 9FJ**

**Alternatively**, if funding has been agreed and you wish us to send an invoice for payment, please supply details for invoicing:

**NAME** (to whom invoice should be addressed):

**ADDRESS** (to send invoice):

*Please note that cancellations received before the end of September will be reimbursed the full cost minus a 10% administration charge; later cancellations may not be eligible for reimbursement.*

## Conference Options

Please circle / highlight your chosen option below

<b>Full Package with Conference Dinner</b> <i>(includes attendance on both days; lunch and refreshments both days; Conference Dinner and Murder Mystery)</i>	<b>£150.00</b> - APCP Members Early Bird Booking (only for bookings received before 10 <sup>th</sup> August 2010)
	<b>£180.00</b> - APCP Members (bookings received after 10 <sup>th</sup> August 2010)
	<b>£280.00</b> - Non-members
<b>Full Package without Conference Dinner</b> <i>(includes attendance on both days; and lunch and refreshments both days)</i>	<b>£120.00</b> - APCP Members Early Bird Booking (only for bookings received before 10 <sup>th</sup> August 2010)
	<b>£150.00</b> - APCP Members (bookings received after 10 <sup>th</sup> August 2010)
	<b>£250.00</b> - Non-members
<b>Friday Programme Only</b> <i>(includes attendance, lunch and refreshments on Friday only)</i>	<b>£70.00</b> - APCP Members Early Bird Booking (only for bookings received before 10 <sup>th</sup> August 2010)
	<b>£80.00</b> - APCP Members (bookings received after 10 <sup>th</sup> August 2010)
	<b>£130.00</b> - Non-members
<b>Friday Programme with Conference Dinner</b> <i>(includes attendance, lunch and refreshments on Friday only; Conference Dinner and Murder Mystery)</i>	<b>£100.00</b> - APCP Members Early Bird Booking (only for bookings received before 10 <sup>th</sup> August 2010)
	<b>£110.00</b> - APCP Members (bookings received after 10 <sup>th</sup> August 2010)
	<b>£160.00</b> - Non-members
<b>Saturday Programme Only</b> <i>(includes attendance, lunch and refreshments on Saturday only)</i>	<b>£70.00</b> - APCP Members Early Bird Booking (only for bookings received before 10 <sup>th</sup> August 2010)
	<b>£80.00</b> - APCP Members (bookings received after 10 <sup>th</sup> August 2010)
	<b>£130.00</b> - Non-members
<b>Saturday Programme with Conference Dinner</b> <i>(includes attendance, lunch and refreshments on Saturday only; Conference Dinner and Murder Mystery)</i>	<b>£100.00</b> - APCP Members Early Bird Booking (only for bookings received before 10 <sup>th</sup> August 2010)
	<b>£110.00</b> - APCP Members (bookings received after 10 <sup>th</sup> August 2010)
	<b>£160.00</b> - Non-members



APCP Conference 2010  
West Midlands  
12th - 13th November

## **‘Function for the Future’**

### CALL FOR CONFERENCE ABSTRACTS

Abstracts should be submitted by 1st July 2010 in electronic format to the APCP Research Officer, Lesley Katchburian – [katchl@gosh.nhs.uk](mailto:katchl@gosh.nhs.uk)

The abstracts will be selected by peer review according to the ‘Rules and Guidance for Authors’ that is available from the APCP website or from the APCP Administrator.

Three abstracts will be chosen for oral presentation. Other selected accepted abstracts will be presented in poster format.

The selected abstracts will be published in APCP’s Conference Proceedings and /or APCP Journal.



# Reports from APCP Regions

## EAST ANGLIA

The East Anglia Regional Committee has begun preliminary planning for the Annual Conference in 2011 which is to be held in the Region.

Two study days are also being planned for this current year. The first of these will be in July in Bedford when East Anglia will be hosting the next study day on 'Giving Advice for Children and Young People with Special Educational Needs' – details on page 13.

In the Autumn, the Region will also be running a study day on the GMFM - details on page 12.

Maria Catchpole has now stood down as East Anglia Regional Representative and from the East Anglia Regional Committee and we would like to thank her for her input over the past few years. A replacement Regional Representative has not yet been confirmed and we would be pleased to hear from any members who would like to consider joining the Regional Committee and/or is keen to get involved with the Conference 2011 Organising Committee.

## LONDON

We are well into spring now and APCP members continue to turn out in good numbers for evening lectures. It is great to get this support and I have had a number of personal emails with offers of help and ideas, which is fantastic. We do discuss all your ideas and really appreciate the support.

The lectures on Vöjte and Positional Talipes went very well and we will have had the SIM baby paediatric respiratory training at St Mary's Paddington by the time you read this. This seems really exciting and I can't wait to hear your responses. We are moving onto the Summer and Autumn programmes which will include: conservative management of scoliosis and working in private practice. We will also have our AGM in the Autumn. Watch out for the flyers which will include the full details and learning objectives. If you are not on our email list and would like to be, contact Cristina Rafter our secretary on [raftec@gosh.nhs.uk](mailto:raftec@gosh.nhs.uk).

We have a new member on committee, Lynn Newrick, who is working at Band 5 and we are delighted she came forward. Committee are keen to get a good spread of experience and backgrounds. Currently we have representatives from community; acute; private practice; Bands 5, 6, 7 and 8; and national committee members. There will be a number of vacancies next year, so if you're interested, get in touch.

A big project that the London Committee is about to start is APCP Conference 2012. I know from being on National Committee the success of this relies totally on the support of the members and bringing together people with great ideas, organising skills and enthusiasm. We will be setting up a Conference Organising Committee and hoping that there are members out there who feel they may be interested. There are lots of different jobs and all help will be welcome. As we are in the preliminary stages we are asking for volunteers to meet and begin the process. If you are interested please contact us. Also don't forget this year's conference in November - book now it looks great!

Another date for your diary is 'Kids Down South' at Rivermead Leisure complex in Reading on June 24th. This is a great opportunity to see paediatric equipment and organisations. APCP will be there, so if you visit drop by the stand and say hello.

Excitingly for me I was elected CIGL representative for APCP at the CSP which means I would like to resign as regional representative. I get to stay on National Committee so will still be liaising on your behalf, but I am really delighted that Sinead Barkey has agreed to take on the Regional Reps role. Sinead is such a great committee member with loads of ideas and not to mention being passionate about paediatric physiotherapy. I know she will represent us well. So please keep in touch with her on [barkes@gosh.nhs.uk](mailto:barkes@gosh.nhs.uk). And now it is time for me to finish. I will be staying on London Committee for a while and no doubt will be involved in some way with conference organising – I thought maybe the flower arrangements!

Thank you to all of you for your support.

**Stephanie Cawker**

## NORTH WEST

The North West AGM and study day on Hemiplegia was held at the Lace Centre, Liverpool on 17th May. We were delighted to have Margaret Mayston as one of the speakers for the day. The day was very successful with over 50 delegates attending. If you have any suggestions for future courses then please contact us.

Several members will be due to leave committee next year and we would like to keep the committee active. If you think you might be interested and would like to know more, then please get in touch and come to one of our meetings.

**Siobhan Goldstraw**

## Reports from APCP Regions

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### NORTH EAST

Those of you who read the last newsletter will be aware that we are short on committee members and there have been a few things happening outside of work for a few of the team making things even more difficult. I apologise that there is little to report from the region as we have not had a meeting for these reasons. We are looking into future courses that we can put on and welcome any requests or ideas that people have.

Many members are struggling to gain either financial support or study leave to enable them to attend courses. With this in mind we are looking into different options and considering evening or weekend courses. If you have any strong opinions it would be useful for you to let us know so that we can try to make the right choices for our members.

Again I am appealing for anyone who may be interested in being on the committee, or even finding out a bit more about us, to make themselves known!! Without an increase in committee members we will struggle to put on the courses and study days that we have in the past. I would like the North East region to continue to be pro-active in on-going learning, but we need your support to be able to do this.

**Helen Chamberlain**

### SCOTLAND

In Julie Burslem's final report in the last APCP newsletter she joked that I had to have my arm twisted to accept the mantle of Regional Representative for the Scotland. In fact I am really looking forward to it and any initial reticence was quickly dispelled by Julie's earnest reassurances of how rewarding & fun it would be, anyway here goes....

Scotland is today bathed in beautiful sunshine, we have come through probably the worst winter in 40 years and many days of work, school and other adventure were lost to snow so deep that travel was in places almost totally curtailed and the sport of snow shovelling became a new national past time!

Our regional study day 'Challenging Practice within Paediatric Neurology' was held at The Scottish Centre for Children with Motor Impairment, Craighalbert Centre, Cumbernauld. We were delighted to have Laura Wiggins Chair of APCP speaking on the day, as well as representatives from the Craighalbert Centre, Bobath Scotland and RDA. It was a very interesting and informative day.

Finally I like to say a big thank you to Julie Burslem, who continues as Chair of APCP Scotland, for her work over the past 3 years as the Scottish Regional Representative for APCP. We all wish Julie every success in her new role, enjoying the new challenges of becoming APCP's National Secretary.

**Elizabeth Gray**

### SOUTH WEST

Hello again! By the time this newsletter is published – the South West committee should have met to discuss the Region's 5-year plan – as part of a bigger project by the National Committee.

We are also busy planning our next study day. Feedback from members at the last AGM was a request for either a SEN statement report study day or a study day on back pain. The APCP Research and Education Committee are already running a course on the statementing process and so we will be holding a study day on the 'Paediatric Spine' on Wednesday, 10th November 2010 at Poole Hospital - further details will be available shortly on the APCP website.

We are aware that funding for courses at present is very difficult in this current economic climate, so we are aiming to keep the costs as low as possible.

Keep checking the APCP website for further details.

**Charlotte Karmy**

### WALES

I do hope all is well with all our paediatric physiotherapy colleagues across Wales following yet another Health Service Re-organisation. During these times of change, it is important that we work together and support one another to provide an effective service for the children and families we work with.

By the time you are reading this we will have had our AGM which is to be held in Pedal Power and hopefully all who attended the workshop will have enjoyed the talk from Liz Atter on: 'Neuro-Developmental Disorders: co-mobility and the wider functional impact'.

The Wales Regional Committee are continually planning future courses and activities for APCP members with possibilities of postural management and another GMFM Course in the near future, as the first one was over-subscribed, so keep your eye on the APCP website for details.

We will also once again be hosting Celtic Kids in September following on from the success of last year.

If there are any requests for courses, please forward these to your local APCP representative.

## Reports from APCP Regions

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Annual conference this year is looking to be a very interesting couple of days addressing 'Function for the Future' - so book your places early and take advantage of this year's Early bird Booking discount!!

Finally could I ask if anyone has any interesting articles for the APCP newsletter to please send these to the APCP Administrator. I am sure we have some paediatric experiences or special children in Wales who are worth a mention !

That's all for now.

**Julie Harvey**

## WEST MIDLANDS

Conference planning continues to progress and we are anticipating a busy few months leading up to Conference in November.

You can start applying for your places now – the application form is printed in this Newsletter but can also be downloaded from the APCP website. This year we have decided to re-introduce the Early Bird discount for those booking before 10th August 2010 and so get booking now!! We look forward to seeing you all - remember to tell your friends!

**Sally Braithwaite**

## APCP EAST ANGLIA REGION

### Gross Motor Function Measure

**Saturday 2nd October 2010**

The Child Development Centre, Kempston, Bedford MK42 7EB

*A training day in using this standardised test, which is validated for use for children (aged 5 months to 16 years) with cerebral palsy and Downs' Syndrome.*

*Tutor: Virginia Knox MSc PGCE MCSP - The Bobath Centre, London*

#### **Cost**

£120.00 APCP members / £150.00 non-members

*Further information and application forms can be found on the APCP website – Courses and Events*

# APCP 1-Day Course

## Guidance for Physiotherapists:

*Giving advice for children and young people with special educational needs*

**Monday, 5th July 2010**

*This day will be facilitated by Sarah Crombie and Samantha Old and is suitable for all paediatric physiotherapists involved in supporting children with Special Educational Needs*

The day's programme will include:

- an update on the Special Educational Needs Code of Practice
- an exploration current and proposed practice
- guidance on preparing reports for Education – including Statements of Education Need; Annual Reviews and Tribunals
- the legal process underpinning SEN and how it can support practice

\*\*\*\*\*

**Venue:** *Hosted by APCP East Anglia Region*

Bedford Child Development Centre,  
Hill Rise, Kempston, Bedford, MK42 7EB

**Cost:** £75.00 – APCP members / £120.00 non-members

*For further details / to book a place please :*

*visit: [www.apcp.org.uk](http://www.apcp.org.uk) or email: [va@apcp.org.uk](mailto:va@apcp.org.uk)*

## Advanced Paediatric Practice for AHP and Nurses Module

Queen Margaret University, Edinburgh are offering an exciting new 30 credit Masters module "Advanced Paediatric Practice for AHPs and Nurses" (cost £770). This module can be studied as part of an MSc programme or stand alone for CPD.



### Who should attend?

- \* Clinicians/practitioners normally with 2 years post-graduate experience who are currently working with children and families.
- \* Experienced staff wishing to advance their practice working with children and families.
- \* Staff wishing to progress careers through the development of leadership skills and innovative practice in the area of paediatric practice.

### What will I achieve?

- \* Critical evaluation of evidence in support of clinical management in advanced paediatric practice.
- \* Enhanced skills, for working in a complex, changing environment.
- \* Benefits of working on your professional development within an interdisciplinary environment.
- \* Development of leadership skills and innovative practice in paediatric practice.
- \* Opportunity to debate the complex legal and ethical issues relating to working with children and families.

### Attendance

3 x 3 day study blocks in the weeks beginning 13 September 2010; 10<sup>th</sup> January 2011, 25<sup>th</sup> April 2011.

### For more information contact:

Jane Hislop, Physiotherapy Lecturer; Tel: 0131 474 0000; e: [jhislop@qmu.ac.uk](mailto:jhislop@qmu.ac.uk)

## *The science of successful seating—made simple*

Our upgraded 2010 chairs now make it easier to meet basic postural seating requirements as well as advanced and intermediate requirements.

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foot to help the lifting of the foot during the swing phase of walking, thus preventing the patient from tripping or walking on their toes.

The SAFO Go™ is available in 5 standard 'off-the-shelf' children's sizes.

**The benefits of the SAFO Go™:**

- Reduced risk of pressure sores
- Easy to fit, clean and maintain
- Can be worn with normal shoe size or without a shoe
- Improved sensory feedback and balance
- Can be used for both high and low tone

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Find out more call Christine on: 01425 481742  
[www.dorset-ortho.com](http://www.dorset-ortho.com)



## Irish Society of Chartered Physiotherapists

### Chartered Physiotherapists in Paediatrics

Bayley Scales of Infant & Toddler Development 3rd Edition

**30th & 31st August 2010**

The Westwood Hotel, Galway

*A 2-day workshop introducing participants to the complete Bayley Scales of Infant Development 3rd Edition. Participants will have the opportunity to observe, discuss and score video recordings of Bayley III test administration*

Tutor: Betty Hutchon – Bayley III and BSID Trainer UK & Ireland

**Cost: €165.00 for APCP members**

*For further details see APCP website (Courses and Events) or contact [patty.mulders@hse.ie](mailto:patty.mulders@hse.ie)*

# Reports from APCP Specialist Groups

## NEONATAL GROUP

The group continues to work towards the objectives set in December for 2010 and outlined below:

### *Talipes project:*

- to gather information on management of positional talipes in order to write a consensus document

### *Tummy Time poster:*

- to organise printing, publication and distribution of completed poster

### *Tummy Time leaflet:*

- to liaise with APCP and Irish Physiotherapy Association on publishing tummy time leaflet

### *Business template:*

- to format a downloadable template for writing business plans for input on neonatal units for publication on the APCP website

### *Parental information:*

- to develop a downloadable web based information for parents on positioning and handling of premature and ex-prem infants

### *Competencies*

- to develop competency package for physiotherapists working in neonatology

### *Regional groups*

- to analyse database and assess the possibility of re-establishing regional groups

### *LAPI course*

- to run a LAPI course in Edinburgh in July 2010

### *Annual study day*

- To plan and run a study day/re-run "Role of the therapist in neonatal care" course

Following the work done by Adare Brady on the now published Neonatal Toolkit ([www.dh.gov.uk/home/publications](http://www.dh.gov.uk/home/publications)) which makes recommendations for Allied Health Professional involvement on neonatal units, the neonatal group felt that to ensure a high quality of care there was a need to outline competencies for physiotherapists working in neonatal care which would then drive training needs. Adare has written a draft competency which was discussed at the recent APCP National Committee Working Weekend. The Neonatal Group is liaising with the National Committee on how to take this forward.

If you are involved with neonatal care or looking to develop a service, neonatal networks are looking at how to implement the recommendations across the networks.

The Neonatal Group has also contributed along with OT, speech therapists and dieticians, to updating the standards produced by the British Association of Perinatal Medicine (BAPM). Following feedback from the BAPM working party, the overlap between the role of OT and physiotherapy has been amalgamated whilst outlining the unique roles of the professions. These standards are currently in draft format and being considered by BAPM.

Please can members help the group collate information on assessment and treatment of positional talipes? To write a consensus opinion we need your views. To complete a form log onto the Paediatric network of icsp and download "Positional Talipes Survey" from the documents section.

Lastly, a reminder about the Lacey assessment of the preterm infant (LAPI) course being run 12th – 15th July in Edinburgh. There are just a couple of places remaining. Contact the APCP Administrator to enquire about availability of remaining places and booking procedures.

**Fiona Price**

# APCP Publications

## NEW PUBLICATION LAUNCHED!

### **Guidance for Physiotherapists – Paediatric Manual Handling (2010)**

APCP has published a revised edition of APCP's Paediatric Manual Handling – Guidelines for Paediatric Physiotherapists.

APCP members can either download the new publication from the APCP website or can purchase printed copies.

The aim of this document is to encourage readers to:

- be aware of and follow risk assessment guidelines for all moving and handling situations;
- minimise risk by managing and controlling hazards;
- raise awareness of the need for efficient movement in staff to minimise risk of injury;
- promote **minimal lifting and safer handling**;
- encourage independence whenever possible.

Working with babies, children and young adults or children with additional support needs, places staff, parents and carers in a continuous 'at risk' situation. The very nature of the work involved means that one is often bending, twisting and stooping to low levels, and carrying a moving, unpredictable load. Although the weight of the load, in some circumstances may be small, the environment, task needed or capability of the assistant or carer may not be ergonomically favourable or ideal. Handling over the sides of cots, moving from the floor, carrying into and out of a car, placing children into and out of therapeutic equipment (including wheelchairs) are just a few typical examples.

This guide has been produced to assist paediatric physiotherapists, not only to comply with current legislation, but to provide them with background information as a useful resource for carrying out risk assessments both in their workplace, (be it a domestic, community or hospital environment) and, on the babies, children and young adults with whom they work.

APCP has a number of other publications already available to members. Many of these can be downloaded by members from the APCP website or hard copies can be purchased from the APCP Administrator using the Publications Order Form on page overpage.

### **Giving Advice for Children and Young People with Special Educational Needs – Guidance for Physiotherapists (2009)**

This document is targeted at paediatric physiotherapists working with children with Special Educational Needs, who are required to write reports for Education.

The document includes an overview of the current legislation relating to educational provision for children with Special Needs - including sections specifically looking at legislation in Wales, Scotland and Northern Ireland; advice and guidance for therapists in writing reports for Education - including suggested formats for these reports; and information on the Tribunal System and how to prepare for a Tribunal Hearing.

The Research and Education Committee have developed an interactive study day for APCP members looking at this subject to support members' practice in this area.

The document is available for members to download from the APCP website and hard copies are available for members to purchase. Complimentary copies are issued to members attending the study day.

### **The Use of Botulinum Toxin in Children with Neurological Condition - Evidence Based Guidance for Physiotherapists (2008)**

This document is targeted at paediatric physiotherapists involved in the management of children with neurological conditions where outline botulinum toxin may be an appropriate adjunct to treatment.

To date there are no standardised pathways or consensus of practice for providing outline toxin injection services for children. Current provision and practice varies from one locality to another throughout the UK.

The document is based on the available clinical evidence together with expert opinion. Throughout the document the recommendations have been graded where appropriate to provide the reader with an indication of the effectiveness of the intervention in relation to the level of scientific evidence.

This document is available for members to download from the APCP website and complimentary hard copies are also available for members to order from the APCP Administrator.

### **Information to Guide Good Practice for Physiotherapists Working with Children (2007)**

This booklet is designed to help address the breadth of wellbeing of children especially those who may be positively affected by paediatric physiotherapy.

## **APCP Publications**

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It acts as a signpost to UK government policy and guidance, highlighting those which impact on paediatric physiotherapy practice and shares a list of contact details for a wide variety of information, services and activities that may be helpful for children and young people.

It is intended that this booklet will help and support clinicians working within paediatric physiotherapy services as well as those commissioning, developing and delivering services for children to ensure that children and young people receive a high standard of care.

This document is currently only available for members to download from the APCP website.

### **Paediatric Outcome Measurement (2005)**

This document provides guidance for clinicians and managers in the effective use of outcome measurements within the field of paediatrics. It is a clinically relevant document, incorporating reliability and validity data for the 8 most commonly used measurements in paediatrics. It gives guidance in a non-prescriptive way, offering a range of clinically appropriate outcome measurements for client/patient groups.

The document is due for review but the document is available for members to download from the APCP website and members can also request complimentary printed copies from the APCP Administrator.

### **Evidence Based Practice in Paediatrics Management of Obstetric Brachial Plexus Palsy (2001)**

This document was developed following a literature search and critical analysis of the evidence relating to Obstetric Brachial Plexus Palsy (OBPP). It identifies the evidence available and highlights implications for clinical practice and for research.

A further literature review was performed in 2004 – no new research was identified at this time.

### **Obstetric Brachial Plexus Palsy – A Guide to Physiotherapy Management.**

Following the publication of the above Evidence Based Practice, this document was developed as a practical clinical tool for therapists working with babies, children and young people with Obstetric Brachial Plexus Palsy (OBPP) - relating practice to the evidence. It includes assessment forms and information sheets for use in clinical practice.

Both documents are available for members to purchase and the Guide to Physiotherapy Management document is also available for members to download.

An APCP Working Party is currently in the process of reviewing and updating these documents.

### **Evidence Based Practice in Paediatrics Hip Subluxation and Dislocation in Children with Cerebral Palsy (2002)**

This document was developed following a literature search and critical analysis of the evidence relating to hip subluxation and dislocation in children with Cerebral Palsy. It identifies the evidence available and highlights implications for clinical practice and research.

A further literature search was performed in 2004 and an update published. Both the original document and the update are available for download from the APCP website.

### **Hip Dislocation in Children with Cerebral Palsy – a Guide to Physiotherapy Management**

This document was developed as a practical clinical tool for therapists working with babies, children and young people with Cerebral Palsy at risk of hip dislocation - relating practice to the evidence. It includes treatment strategies and an information leaflet for parents. This document is only available to purchase as a printed copy at present.

# NEW!!

## APCP POSTERS AND LEAFLETS

With this copy of the newsletter you should have received a sample of APCP's new leaflet:

*'Physiotherapy for Children ....  
Fit for Play ... Fit for Life'*

We have also produced a series of 3 A2-sized posters - reflecting the same images and titles.

The leaflet will be used as promotional material for distribution at events such as the Kidz Exhibitions and Celtic Kidz. We would also be happy for members to use the leaflets for similar promotional events or for distribution to parents and professionals.

The posters could be displayed to promote both paediatric physiotherapy and APCP.



Both the leaflets and posters are available to APCP members only.

POSTERS – 1 complimentary set per member (upon request)

LEAFLETS – packs of 50 available for cost of post and packing (£2.50/pack)

Members requiring posters only should contact the  
APCP Administrator – [va@apcp.org.uk](mailto:va@apcp.org.uk)

Members requiring leaflets should send request and payment  
(cheques payable to 'APCP') to:  
**APCP, PO Box 610, Huntingdon, PE29 9FJ**

Please remember to include your name, membership no.  
and a delivery address!!

**APCP PUBLICATIONS' ORDER FORM**  
**APCP MEMBERS ONLY**

**NAME** ..... **MEMBERSHIP No** .....

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**TELEPHONE No** ..... **EMAIL** .....

TITLE	Cost	No.	Total (£)
Paediatric Manual Handling: Guidance for Paediatric Physiotherapists – REVISED EDITION AVAILABLE SHORTLY	£5.00		
Guidance for Physiotherapists: Giving Advice for Children and Young People with SEN	£5.00		
Evidence Based Guidance for Physiotherapists: The Use of Botulinum Toxin in Children with Neurological Problems	FOC*		
Paediatric Outcome Measurement	FOC*		
Evidence Based Practice in Paediatrics: Management of OBPP	£2.00		
Obstetric Brachial Plexus Palsy: A Guide to Physiotherapy Management	£7.50		
Hip Dislocation in Children with CP: A Guide to Physiotherapy Management	£7.50		
Physiotherapy for Children Leaflets (50/pack)	£2.50		
Physiotherapy for Children Posters (1 set of 3)	Comp**		
<b>TOTAL ORDER:</b>			

**Post and Packing** is included in the price of all publications for delivery within the UK. For delivery outside the UK, contact APCP Administrator for advice: [va@apcp.org.uk](mailto:va@apcp.org.uk)

\* Free of Charge - *if **only** ordering copies of the 'FOC' documents, please enclose an A4 self-addressed, stamped envelope (76p second class postage for one document/ £1.04 for both documents).*

\*\* Complimentary – *APCP members may request 1 set of posters each – no additional postage required.*

**Payment:**

Cheques should be made payable to '**APCP**'

Send your order form (with payment) to: **APCP, PO Box 610, Huntingdon, PE29 9FJ**

## APCP RESEARCH BURSARIES

APCP is committed to supporting research in paediatric physiotherapy and is currently seeking new bursary applications from members.

Applications will be considered where *application for ethical approval is already underway*.

For those interested in applying for research funding, please send an outline of your research proposal – this should include:

- title;
- brief summary (max 250 words);
- amount of money requested (including financial details of how this money would be spent);
- proposed starting date & duration of project;
- project timescales and milestones;
- details of research supervision (if applicable);
- if the research part of a postgraduate degree or higher education course – please gives details;
- brief details of present post, and research expertise.

For further information or to submit application please contact:

Lesley Katchburian (APCP Research Officer) - [katchl@gosh.nhs.uk](mailto:katchl@gosh.nhs.uk)

## Nancie Finnie Charitable Trust

The Trustees of the Nancie Finnie Charitable Trust invite applications from suitably qualified therapists wishing to undertake clinical research in the area of treatment/management of the child with cerebral palsy.

Multidisciplinary projects are encouraged and emphasis on the development of innovative physiotherapy practice preferred. The Trust provides for an annual distribution of funds in the region of £40K.

Application forms and guidelines may be obtained by writing to the Trust's principal office at:

**18 Nassau Road  
Barnes  
London  
SW13 9QE**

*(please enclose a large stamped self-addressed envelope)*

Applications may be sent at any time but the Trustees meet formally in January and July

### New Kid(s) on the Block: AHP's in Child Health



In April 2009 AHP's Jane Reid and Pauline Beirne, joined the NHS Education for Scotland Nursing, Midwifery and Allied Health Professions Directorate on an 18 month job sharing secondment within the Child Health team.

A scoping exercise provided baseline information in respect to current educational resources, networks and educational pathways for AHP's within Specialist Children's Services (SCS) and this has formed the basis of their work streams in respect to the National Delivery Plan for SCS focusing on: -

- Education Resources
- Networks
- Education Pathways.

AHP's also identified core learning needs which could be addressed on a multi-professional basis.

#### Education Resources

The AHP work streams seek to support the development of a range of educational solutions for current and potential AHP's and Health Care Support Workers within Children's Services. This will include seeking to influence providers of pre and post registration education for AHP's to develop educational opportunities for those interested in working with Children and Young People.

To facilitate this an educational framework for AHP's in paediatrics underpinned by a learning needs and learning gaps analysis is being developed.

#### AHP Children and Young People's Managed Knowledge Network (MKN)

The MKN is a website for all staff working in NHS Scotland with an interest in children and young peoples' health. The main purpose of the MKN is to:

- facilitate education and enable practitioners to access, share and use knowledge based education online;
- offer access to expert information and support for personal and professional development;
- enable specialist communities to set up and manage their own websites and learning outcomes.

AHP's have their own community of practice which is evolving, as well as a Paediatric Respiratory community.

The Paediatric Respiratory community was developed to support pandemic flu trainers. Two "Train the Trainer" days were designed as a collaborative venture between NES and NHS Lothian in response for the potential need to treat an increased number of patients with respiratory symptoms with the H1N1 virus. 24 physiotherapists attended the days and training has subsequently been cascaded to around 150 physiotherapists across Scotland.



Work is also underway to scope and develop an e-learning resource

- facilitating pre registration practice placement in Specialist Children Services with the development of learning packages on specific topics;
- specialist and advanced learning and mentoring for staff already working in children's and young people's services and those wishing to move into paediatrics from another clinical field.

## Networks

The initial scoping work identified a need and willingness for the establishment of an AHP Children and Young People (CYP) Educational Network to promote and identify:

- innovative educational practice;
- multi-agency and inter professional learning;
- child and young person-centred decision making.

The AHP CYP Educational Network was launched on 21st October 2009 with over 80 delegates. The event provided an opportunity to bring together AHP's, facilitate sharing of best practice for practitioners, to determine the future remit and direction of the network and gave opportunities for practitioners to become involved in NES project work.

By establishing a network, there will be a structured means to identify educational need. This in turn should facilitate discussions and enable education providers to develop educational resources to ensure sustainability in AHP services to children and young people.

## Education Pathways

Currently most AHPs "fall into paediatrics", rather than having a planned educational route. The development of an educational strategy will facilitate a pathway and ensure career development as well as sustainability of services.

The 2 key areas at present are:

- Paediatric Health Care Support Workers, and
- Paediatric AHP Advanced Practitioners.

Health Care Support Workers are an essential and valuable group critical to the future of AHP Children and Young Peoples Specialist Services.

The EPM (AHP) remit focuses on identifying learning and education needs of Health Care Support Workers in paediatrics and meeting the educational needs of these in different care settings across the AHP professions. Scoping these learning needs will form a critical component of Learning Needs Analysis and the AHP Educational Strategy.

The Advanced Practitioner succession planning pathway was adapted for paediatrics and also to include AHP's. There are now 2 paediatric cohorts with 13 out of the 18 participants AHP's.

## Summary

This is an exciting, productive and innovative time for Specialist Children's Services in Scotland and the AHP Child Health work streams reflect the dynamic and creative projects designed to meet the challenges of the work force in delivering effective and outcomes driven services for Children and Young Peoples Specialist Services.

For more information please contact Jane Reid - [jane.reid@nes.scot.nhs.uk](mailto:jane.reid@nes.scot.nhs.uk)



# Kidz South Exhibition

**Thursday, 24th June 2010**

**9.30am - 4.30pm**

**Rivermead Leisure Complex  
Richfield Avenue, Caversham  
Reading, RG1 8EQ  
Convenient to M4 motorway.**

**ENTRY IS  
FREE  
EASY  
ACCESS  
ACCESSIBLE  
PARKING**

**One of the largest UK exhibitions dedicated to disabled children, their families and the professionals who work with them.**

Information on mobility, seating, beds, communication, access, education, toys, transport, style, sensory, sports and leisure: a programme of FREE seminars and discussions for parents and professionals will take place alongside the event.

**Dates for your Diary:**

- Kidz Up North - 25th November 2010 - Reebok Stadium, Bolton.
- Kidz in the Middle - 10th March 2011 - Ricoh Arena, Coventry

**For visitors' FREE entry tickets or further information on any of our Kidz events call organisers Disabled Living, Manchester.**

**0161 214 5959/5962**

**Email: [info@disabledliving.co.uk](mailto:info@disabledliving.co.uk)**

**For updates visit: [www.kidzsouth.co.uk](http://www.kidzsouth.co.uk)**



**Contact:**

**Disabled Living**

**Redbank House, 4 St Chad's Street, Cheetham, Manchester M8 8QA**

**Registered Charity 224742**

**Kidz is a Trademark registered to Disabled Living, Manchester**

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