

ASSOCIATION OF PAEDIA TRIC CHARTERED PHYSIOTHERAPISTS.

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Miss M. P. Gilbertson,
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VICE-CHAIRMAN

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Hon. Treasurer

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Hon. P. R. O.

Miss M. Hutchinson,
111, Heyes Lane,
Timperley,
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Cheshire WA15 6EH.

NEWSLETTER NO. 5. (December 1975)

Miss Felicity Birkett.

We are sorry to say that Miss Birkett has resigned from her position as Hon. P. R. O. as she will soon be going to work abroad. We would like to wish her well and thank her most sincerely for all her hard work.

Mrs. Margaret Reid.

Mrs. Reid had to resign from being London's Representative on the Executive Committee as she was taking up an appointment with The Spastics Society in Western Australia. She is however remaining an active member of the Association and we hope she is enjoying her new post.

Post-Registration Working Party.

We have been very lucky in that the same people have continued to serve on this important working party and also that Miss Piercy and Mrs. Atkinson have each attended a meeting. We all wish that by now we could announce definite plans for post-registration courses, but our researches and questions have to fit in with university committees, this is not yet possible. We have now, however, made firm links with several universities and polytechnics and we hope that the next year will see our plans finalised.

Assessment Working Party.

This was set up at the request of many people and with the brief of trying to produce a standard form of assessment to be used right through a child's life up to the point of

employment and one which will cover all types of handicap. Two meetings have been held so far and Mrs. Biddle would be pleased to have any ideas or suggestions. The members of the working party are as follows:-

Chairman. Mrs. J. Biddle, Supt. Physiotherapist, Medical Advisory Unit, Hounslow, Middlesex.

Mrs. E. Cotton, Physiotherapy Adviser to The Spastic Society,
Mr. D. Scrutton, Supt. Physiotherapist, Newcomen Centre, Guy's Hospital, London.
Miss F. Birkett, Appliance Officer to A. S. B. A. H.
Mrs. M. Cornwall, Physiotherapist, Banstead Place Residential Centre for the Assessment and Further Education of Physically Handicapped Young People.
Miss P. Durukan)
Mr. B. Reynolds) co-opted for the next meeting.

Posts Vacant Bureau.

A note from Miss Naylor:-

1. Any physiotherapy department who has a vacancy and requires a paediatric physiotherapist can send me full details of the department and post description. NO CHARGE AND SELL YOUR WARES.
2. I will send out the list every three months to the Regional Representatives, commencing January. I must have some indication as to how many times the post is to be advertised - otherwise it will only be advertised once.
3. At all A. P. C. P. meetings would the Regional Representative announce the 'Posts Vacant'; display the list and retain it for enquiries.
4. Anybody unable to attend a meeting but seeking a change of post could always ring or write to her Regional Representative or to myself for the latest list, (enclosing s. a. e.)

Details to:-

Miss V. C. Naylor, M. C. S. P.
Supt. Physiotherapist,
The Children's Hospital,
Ladywood Middleway,
Ladywood,
Birmingham, B16 8ET.

Do please avail yourselves of this most excellent service.

A. P. C. P. Booklets.

The booklets on The Dystrophies by Bod Reynolds and Pool Therapy by Margaret Reid are now ready to go to the printers and it is hoped to have them on sale at the next Conference and A. G. M. Others in course of preparation are on Parent Counselling by Olwen Nettles and Still's Disease by Dr. Ansell. The cover for the booklets has been designed by the Mark family and again we are most grateful to them for their efforts on our behalf.

Constitution.

Copies are available now from Miss Gilbertson and from your Regional Representative after the next Committee Meeting in January. Please enclose an A4 size s. a. e. and stamps to the value of 5p to cover paper and printing costs.

Members at the first A. G. M. at Salford will remember that there were some slight amendments due to typing errors to the draft copies which were distributed at the Meeting. These new copies are now corrected and are of the Constitution as it now stands.

Third A. G. M.

This will be held during the Annual Conference at Brighton as required by the Constitution. The Agenda is enclosed and also the Minutes of the Second A. G. M. held in Glasgow.

Members are reminded of the following excerpts from the Constitution:-

- D (ii) (a) National members shall be proposed and seconded in writing to the Secretary of the Association at least two calendar months before the Annual General Meeting. If sufficient nominations are not received members may be proposed from the floor and voting shall be by show of hands.
- D (ii) (b) Regional members shall be nominated by the Regional Committee and notified to the Secretary of the Association at least one month before the Annual General Meeting.
- E (v) Items for the Agenda of a Meeting of the Association must be submitted in writing to the Hon. Secretary at least one month before the date of the Meeting. The business at such meetings to be limited to the Agenda.

Third Annual Conference.

This will be held at:-

The College of Education,
Sea Front Halls of Residence,
Eastern Terrace,
Brighton,
3rd and 4th April 1976.
Miss Shirley Raymond,
58 Green Gates Road,
West Wickham,
Kent.

Date:-

Applications to:-

Please book as early as possible and NOT LATER THAN 28TH FEB., Also please remember a s. a. e. as this can save an enormous amount of expense.

Programme.

Sat, A. G. M.
Followed by a programme on Muscular Dystrophy.
Lecturers will be:-
Dr. Gillian McCarthy, Consultant Paediatrician, Chailey Heritage.
Mr. R. Reynolds, Supt. Physiotherapist, Queen Mary's, Carshalton.
Mr. W. Bond, Aids and Gadget Workshop, Queen Mary's, Carshalton.
Mr. C. S. Holton, Headmaster, Queen Mary's, Carshalton.
Followed by a panel of the speakers plus:-
Social Worker from the Dystrophy Unit, Queen Mary's, Carshalton.
A parent.

Conference Dinner at The Hotel Metropole.

Sun, Facial Diagnoses Dr. Mann - talk and slides.
Posture and Balance Dr. J. Foley - film.

Conference will end after lunch.

Cost:- £10 inclusive of Lectures and meals Sat. morning to Sun. lunch.
Dinner £3.75
Bed and breakfast Fri. night £2.35.

It must be appreciated that these charges are the absolute minimum and may be subject to some increase over which the organisers have no control.

Overseas Members.

Now total 21. We should be pleased to hear any news from our members or their Paediatric Associations in Australia, Canada, Eire, Malta, Northern Ireland, Norway, and the U. S. A. Please contact Miss Hutchinson until a new Assistant P. R. O. is elected. We also hope that further members can be persuaded to enrol so that we can build up as widespread a network as possible. Already we have been able to provide contacts for physiotherapists who are emigrating and also in one case suggest contacts to parents of the handicapped child who were going on an overseas tour of duty with the Royal Navy.

Would a list of Overseas Members with their names and address in the next Newsletter help you to establish a liaison? Please let the P. R. O. know.

Please note that your subscription is only £1 as no initial registration fee is required.

Correspondence.

Mr. Rose.

The Chairman sent a letter to Mr. Rose when his resignation was announced, to thank him for all his interest, help and co-operation in forming the Association.

Mr. Billington.

The Chairman sent a letter of good wishes to the new Secretary of the Chartered Society of Physiotherapy.

Miss Stewart.

The Chairman sent a letter of good wishes to Miss Stewart on her election as Chairman of the Chartered Society of Physiotherapy.

"Physiotherapy in Paediatrics".

A most welcome book written jointly by our Chairman, Miss Moyna Gilbertson, M. C. S. P., Group Superintendent Physiotherapist, The Hospitals for Sick Children, Great Ormond Street and Mr. David Scrutton, M. Sc., M. C. S. P., Superintendent Physiotherapist, Newcomen Centre, Guy's Hospital. It is published by Butterworths, London and Boston at a cost of £7.50 and though written primarily to 'educate' doctors in our ways it will be very thought-provoking to all physiotherapists and others working in the field of paediatrics.

Handbooks, Magazines etc.

Action Magazine.

A quarterly publication containing news of research projects, equipment, aids, reviews etc. Price £1.50 per annum inclusive of postage and obtainable from The National Fund for Research into Crippling Diseases, Vincent House, 1, Springfield Road, Horsham, Sussex.

Family Handbook of Aids and Services for the Disabled.

Published by Harrison Associates, (organisers of N.A.I.D.E.X.), 943a, Brighton Road, Purley, Surrey CR2 2BP. Price 90p.

We are always interested to hear of, or have reviews of, books, articles, equipment etc. Please send these to the P. R. O. Do help us to bring anything of this nature to the notice of as many people as possible.

Whilst we are pleased to bring such things to the notice of members we must make it clear that the Association is in no way recommending or sponsoring any such books, articles, equipment etc.

'Active' Toys and Games for Severely Handicapped Children.

News has just reached us of the formation of a new group called 'Active' and it was hoped to form a Steering Committee at a meeting held at The London College of Furniture on Nov 26th. The object is to bring together engineers, technicians, therapists, teachers and parents to discuss toys, games and simple teaching aids which may need designing or adapting to the special needs of both physically and mentally handicapped children.

A One Day Open Workshop is to be held on Jan 28th. Please see Diary at the end of this Newsletter for details. The Hon. Secretary of the Group is:-

Mrs. Jean Hall,
Senior Occupational Therapist,
London Borough of Hillingdon,
Area Social Services Office,
Golden Crescent,
Hayes,
Middlesex UB3 1AQ.

Fourth Annual Conference and A. G. M.

To be held at the City of Birmingham College of Education on the weekend of April 22nd/24th 1977.

Expenses.

Everyone must have heard of INFLATION!

The Treasurer aims to hold the subscription at £1 for as long as possible but we feel that it might be helpful for Members to realise some of the expenses incurred in running the Association and without which we could not undertake the things which you, as Members, request.

Here are some details:-

Fares etc. of Post-Reg. Working Party	£35 for last meeting. (meetings held as often as necessary; 4 times in last year).
Fares of Executive Committee members	£100+ Nov. 1975. (4 times per year)
Printing of Newsletter (800 June 1975)	£75 (2 per year).
Postage of Newsletter (P.R.O. to Reg. Reps. June 1975).	£5. 25
Fares for lectures at official C. S. P. rates:-	
£18 per day, £12 per 2 sessions, £7 per 1 session. Plus travelling expenses.	

Members receive two Newsletters per year and through the Association a chance to attend a variety of lectures and courses which were never before available either in their frequency or specialised content. Attendance at these also provides a valuable source of contact throughout the British Isles.

All this for an annual subscription of £1 and often this can be more than saved by the reduced lecture and course fees allowed to Members.

Please try and help us to continue to help you - it is your Association and the Committee endeavour to provide what you, as Members, request. A tremendous amount has already been achieved in the 3 years since our formation. An ever-increasing membership which has now reached 609 and includes as well as physiotherapists, doctors, teachers, occupational therapists, remedial gymnasts and nursery nurses proves the need for our Association but we can only carry on with your help and co-operation.

Ways in which you can help.

1. Pay your subscription promptly.

The financial year is from Jan. 1st to Dec. 31st and unless your subscription is paid by June 30th, , Membership shall be deemed as lapsed and if subsequently you wish to renew it, a further £1 will be required to re-register. Subscriptions should be sent to your Regional Representative for forwarding to Mrs. Mark in bulk (to save postage).

Should you wish to pay by Banker's Order your bank will supply the necessary form.

The information you require is as follows:-

Midland Bank (Moseley Branch),
97 Alcester Road,
Birmingham B13 8DF.

Account number:- 50649996
Association of Paediatric Chartered
Physiotherapists Code Number: 401116.

2. Remember to enclose a stamp or s. a. e. if you require a receipt or reply.

3. Notify your Regional Representative of any change of address or name.

4. Please support courses and lectures.

If you do not there will not be any as they cannot be run at a loss. If there is not this desire to attend to learn, refresh and meet colleagues then Regions will cease to exist.

5. Read the C, S, P. Journal for details of courses which may have been arranged after the Newsletter is printed.

6. Contact your Regional Representative with any queries - it only adds to the already heavy work-load of the Secretary if she has to refer it on.

7. Let the P. R. O. know of any courses etc. being run by other Associations or groups.

Finally.

The Committee would like to thank all the hard-working Members of Regional Committees and also all the Members who have supported courses and helped in many other ways.

We would like to extend to everybody good wishes for 1976 and hope that it will be a happier year in every respect.

NEWS FROM THE REGIONS.

South East.
R. H. A. 7 & 8

Reg. Rep.

Miss P. Charon,
Royal Alexandra Children's Hospital,
Brighton, Sussex.

The A. G. M. was held on Oct. 11th at the Guildford Post-Graduate Medical Centre together with a lecture by Dr. Bicknell on Recent Advances in Diagnosis of Mental Handicap. The existing Committee was re-elected plus Miss Pash and Miss Hall and it was felt that this enabled all areas of the Region to be represented. Arrangements are now well in hand for the Annual Conference.

South West.
R. H. A. 9 & 11

Reg. Rep.

Miss D. Wheatley,
22, Glebeland Close,
West Stafford,
Dorchester,
Dorset.

Miss Wheatley has just taken over this Region on the resignation of Miss Hawes. It is hoped to run a Day Course or Seminar in March at the Child Development Unit in Dorchester. If this is successful it will be repeated at other centres in the South West.

London.

Reg. Rep.

Miss C. Mason,
Eastern Hospital,
London, E9 6BY.

The one day Conference on Leisure Activities for the Disabled Child was attended by almost 100 people from a variety of professions. Subjects covered included BSAD; Adapted P. E.; Riding; Art and Music. 6 new members have joined during the last few months.

Midlands.
R. H. A. 3 & 12

Reg. Rep.

Mrs. M. Hazlewood,
19 Devonshire Road,
Handsworth Road,
Birmingham B20 2PB.

A series of 4 evening lectures on various aspects of Orthopaedics was very much appreciated and fully booked. A half-day course was held at Nottingham University on Nov. 8th on Play Therapy and Feeding the Handicapped Child.

The A. G. M. is planned for an evening in Feb. or March at The School of Physiotherapy, Queen Elizabeth's Hospital. Also a possible meeting in the Wolverhampton area around June. Thereafter arrangements will be proceeding for the Fourth National A. G. M. and Conference which has already been booked as stated earlier in this Newsletter.

North East.
R. H. A. 1 & 2

Reg. Rep.

Miss E. M. Barton,
Child Assessment Unit,
Seacroft Hospital,
Leeds 14.

A total of 129 people attended a very successful day course at John Jamieson School, Leeds, on Spina Bifida. On Jan. 22nd there will be an evening lecture on Haemophilia at Holly Bank School for Physically Handicapped Children, Huddersfield. On March 6th there will be a day course followed by the A. G. M. at Percy Hedley School, Newcastle. The subject will be Cerebral Palsy.

North West.

R. H. A. 13 & 14

Reg. Rep.

Mrs. B. Lambert,
36 Woodcrest,
Wilpshire,
Blackburn.

PLEASE NOTE CHANGE OF ADDRESS.

The committee has arranged, in conjunction with the Regional Training Officer, a series of 5 blocks of 6 lectures to take place weekly with a break of 2 weeks between each block. This will cover the period Sept. 1975 to June 1976 and has so far proved very popular with an average attendance of 70. As was the intention, it has attracted members of many other professions involved in the paediatric team. The subjects covered by each block are:- Handicapping Conditions of Childhood; Movement and it's Facilitation; Normal and Ab normal Developement; Behavioural and Emotional Disorders; Orthopaedics. Many lectures are eminent in their fields and have expressed great interest in the aims of the Association and have offered help in the future.

East Anglia.

R. H. A. 7 & 8

Reg. Rep.

Mrs. J. Brutnell,
Ida Darwin Hospital,
Fulbourne,
Cambridge.

There are now 65 members of whom 9 have recently joined. Changes of Reg. Representatives has understandably meant some delay in getting going but it is hoped to arrange the A. G. M. combined with a lecture in the near future. A day course planned for Aylesbury unfortunately had to be cancelled.

Wales.

Reg. Rep.

Mrs. E. K. Weber,
7 Caynham Avenue,
Penarth,
Glamorgan.

1975 has been an active year from the Committee point of view with a variety of interesting lectures and more in the planning stage. Regrettably, support has not been as good as hoped and new members do not seem to be forthcoming. Geographical factors are a problem but it is disappointing not to see more Members supporting the Committee. The A. G. M. was held in May combined with a lecture by Mr. Brian Tew on the Psychological Effect a Handicapped Child has on the Family. In July, Miss Sophie Levitt conducted an evening workshop on The Varieties of Management of Cerebral Palsy. C. S. P. Local Branch meetings have been orientated towards Paediatrics and have included lectures on:- Foetal Abnormalities; New Advances in the Treatment of Asthma; Leukaemia in Childhood. At the beginning of the year the Association was invited by the Dept. of Education at Cardiff University to join a co-ordinated group of all professional bodies concerned with the welfare of children in Cardiff.

Regular meetings are held and notice received of all lectures etc. held by any of the other professions involved. A day course in Nov. entitled Identifying the Child with Special Needs was organised by this Group. An A. P. C. P. meeting was held on Nov 4th with Mr. Hart speaking on Paediatric Audiology and Assessment. It is hoped to hold a day course in Sept. 1976 on some aspect of Cerebral Palsy.

Scotland.

Reg. Rep.

Mrs. A. Murdoch,
The Royal Hospital for Sick Children,
Yorkhill,
Glasgow.

Geographical factors again make this a difficult Region to organise but it is hoped that the interest apparent at the Second Conference and A. G. M. can be maintained if not increased. Unfortunately the Nov. meeting in Edinburgh on Cystic Fibrosis had to be cancelled but this is being re-arranged for March 13th. On Jan 17th there is to be a day course on The Care of the Spina Bifida Child. This will be held at The Royal Hospital for Sick Children, Glasgow. Lecturers will be Mr. P. Raine FRCS, Mr. D. MacPherson FRCS, Miss F. Birkett, and there will also be demonstrations of treatment.

Other dates for your diary.

Thurs. Jan, 22nd.

Early Management of Motor Disorders.

2 - 6p. m.

How motor impairment may affect development. Dr. K. Holt.

Ways of overcoming or compensating for motor disorders.
Miss S. Levitt.

The kind of advice parents need. Mr. I. Leech.

Advising the parents. Miss N. Finnie and Miss R. Evans.

Tickets, price 75p obtainable from:-

The Institute for Research into Mental and Multiple Handicap,
16 Fitzroy Square, London W1P 5HQ.

Cheques and P. O. 's payable to I. R. M. M. H.

To be held at the South Staffordshire Medical Centre, Wolverhampton.

Weds. Jan. 28th.

Play and Communication for Severely Handicapped Children.

10a. m. - 7.30p. m.
Workshop

To be held at:-

The London College of Furniture, 41 - 71 Commercial Road,
London E. 1.

Further details on receipt of s. a. e. from:-

Mrs. Jean Hall (refer back for address).

DIARY OF FORTHCOMING A. P. C. P. EVENTS.

Enquiries about meetings should be made to the "Contacts". See also the C. S. P. Journal under "Courses and Conferences" and "Noticeboard".

<u>Date and Place</u>	<u>Subject</u>	<u>Contact</u>
Jan 17th Inst. of Child Health, Royal Hospital for Sick Children, Glasgow.	The Case of the Spina Bifida Child. Cost: Members £2, 50 Non-members £3, 00 Including coffee, lunch & tea.	Mrs. A. Murdoch by Jan 10th.
Jan 22nd. Holly Bank School for P. H. Children, Huddersfield.	Haemophilia.	Miss. E. M. Barton.
Feb or March. School of Physiotherapy, Queen Elizabeth's Hospital, Birmingham.	A. G. M.	Mrs. M. Hazlewood.
March 6th. Percy Hedley School, Newcastle.	Cerebral Palsy. Also A. G. M.	Miss. E. M. Barton.
March 13th. Edinburgh.	Cystic Fibrosis.	Mrs. A. Murdoch.
March Dorchester, Dorset.	Day Course or Seminar.	Miss. D. Wheatley.
June Wolverhampton.	To be arranged	Mrs. M. Hazlewood.

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