

ASSOCIATION OF PAEDIATRIC CHARTERED PHYSIOTHERAPISTS

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AUGUST NEWSLETTER NO. 16

Thoughts from the Chair

When I was asked to write a few words for this newsletter on my thoughts as chairman, my mind immediately went back to February 1973 when the first meeting of the Association was held in the Hospital for Sick Children, Great Ormond Street. I remember the heated discussion on the membership (associated and full) on the vital need for post registration education and the form it should take. Even a fiery discussion on the title of the Association! At this meeting a committee was elected and I was very pleased, and somewhat surprised, to be included. Miss Gilbertson was elected chairman as Mrs. Hazelwood, who had chaired the pioneer committee did not wish to stand. In the months that followed many, many hours were spent round the table drawing up the Constitution - never an easy task and yet so necessary, for the organisation of a democratic institution.

A great deal of interest was shown by all disciplines involved in the care and treatment of children and our membership rose from the 50-60 at that first meeting to the present number of nearly 900 (by far the largest specific interest group of the C.S.P.) Many letters were received asking advice (some giving it too!) Gradually the wishes of the members began to emerge and the Association was taking shape on this basis. The prime consideration of everyone was to expand their knowledge of paediatric physiotherapy.

The setting up of courses both day, evening and weekend was the real start. Then the eight regions began to form their own committees and plan activities, often as far as a year ahead. The coordination of all these courses was necessary and the distribution of all the information that we were collecting necessitated the appointment of a P.R.O. It is perhaps interesting to note that over 160 courses and conferences have been mounted since 1973. These have whetted the appetites of the members and the fulfilment of our dream of a post registration diploma is beginning to become more of a reality. The newsletters are another source of information and are widely circulated.

The advice of the Association is sought by the C.S.P., the D.H.S.S., and many organisations as well as by individual members.

I am very proud to have been your chairman for the past four years - it has been an exciting, stimulating and busy time. I have been fortunate in having such able officers and committee members. All work extremely hard and hold the ideals of the Association very dear. They all give up a great deal of their spare time and inevitably as the A.P.C.P. has grown so has the work.

If I may end by gazing into my crystal ball for a moment, I see the time may soon come when a fully paid official may be necessary in order to maintain the standard of work expected by the Association. A thriving A.P.C.P. of some 2000 members, a diploma and a degree in paediatrics. I hope I can see that not only the expertise of our Association will be widely acknowledged, but also that the paediatric physiotherapist will become one of the most valuable and respected member of the physiotherapy profession.

Mrs. Jean Biddle.
Retiring Chairman.

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THE SPECIAL OLYMPICS MOVEMENT

Douglas Williamson, Teachers Cert.,
Dip P.E., B.Sc., M.Ed.,
Athletics Coach to Special Olympics Team
1979
Lecturer at Trent Polytechnic, Clifton
Nottingham.

Most people in Great Britain are aware of the sporting opportunities and achievements of some individuals suffering from a specific impairment - paraplegia, blindness, amputation, cerebral palsy, polio etc. Naturally the name of Stoke Mandeville is synonymous with this sporting involvement.

However a far greater number of individuals have to come to terms with life because of varying degrees of mental impairment and thus are termed mentally handicapped. This, by its very nature, is a far ranging spectrum with the least impaired attending ESN (special schools) the typical Downs Syndrome level attending ESN(S) special schools and the more severe often being catered for either as full or part time patients in mental subnormality hospitals. The prognosis for life opportunities means ESN(M) ex-pupils often hold down menial jobs, ESN(S) ex-pupils progress to Adult Training Centres and some eventually find the hospital situation as the only avenue open to them. Thus the mentally handicapped population tends to be very segregated and lacking in consistent contact with society in general. Yet far seeing parents and excellent opportunities like the Gateway Clubs (over 500 now) do enable many individuals to optimally reach their potential as people in society - 'at their level! Because one of the sisters of John and Bobby Kennedy was mentally impaired, a fellow sister, Eunice, initiated in 1968 a movement called the Special Olympics in the U.S.A. The aim of this was to use physical recreation and sport as a means to overcome many of the 'inhibiting aspects' as mentioned above. These aspects - social segregation, lack of public awareness, insufficient recreation services, low expectation of public awareness, insufficient recreation services, low expectation levels - it was considered individuals were often prevented from reaching their full potential.

Thus, in typical American Co-operative Business type a 'movement' was initiated which had two main pragmatic aims. Firstly to set up groups of people of voluntary staff and run what later became known as recreation and sporting 'clinics'. These would be typified by a school or hospital group meeting, either at their venue or elsewhere engaging in physical activities varying from therapeutic ball games to specific coaching of a sport. These are carried out by volunteers all the year round, usually two or three times a month. The second aim was to conduct every three years a main event called the Special Olympics in which individuals from all over the U.S.A. would compete in a state representation and eventually international basis. The link between all the clinics all the year and the annual State Special Olympics or National year event, was to be a series of chapter, area, regional and State Special Olympic meetings. A key feature of the competition was to be the approach of ranking all the entries for one race category according to the entry times, and then racing groups of individuals with 'like' performance times against one another. Thus the classification is done on physical performance and not 'intellectual categories'.

Once the Special Olympic movement commenced it was given the unrelenting dedication by Mrs. Eunice Kennedy-Shriver. Thus the result was something of a contrast to the British way of developing a voluntary movement i.e. find people who have the time and dedication. Mrs. Kennedy's Co-operative formula soon had significant long term financial commitment being made, celebrities known nation wide devoting time for promotion not only for fund raising, but also for the important aspect of 'being identified' with groups of Mentally Handicapped children, youths and adults and media willing to donate front space and T.V. time to further the cause. As a movement it established itself throughout all the states especially with the aid of the 'student power' on the numerous campuses.

After the national and international meetings of Chicago, Los Angeles and Ohio it came to be the turn of Brockport, just outside Rochester, New York state to be the host for the 1979 Special Olympics. Brockport had unique facilities at its University as it trains Physical Education majors.

After early meetings and committee evolution during 1978 a group of people in England - including representatives from the Spastic Society, Mind, NSMHC, Gateway Clubs, Teacher Training Institutions, Disabled Living Foundation and West Midland Sports Association for the ATC - initiated a move to send a team to the 1979 Special Olympics, as a means to focus attention on this area of need for physical recreation and sport. Thus after numerous selection procedures a team of 32 U.K. competitors between the ages of 16 and 43 years, and of both sexes, was selected. With coaches, escorts, patients and supporters the total group came to about 70. This was all made possible by the fund raising ventures of the new charity called Special Opportunities for Leisure and Recreation (SOLAR). A training weekend in Windsor, using Eton Colleges facilities, whilst staying in a Motel at Reading, allowed the chaperones, coaches and competitors to become fully accustomed to one another.

The flight took the team to Rochester via Boston, and the adventure really began with a rousing welcome by volunteers dressed as Disneyland characters when we arrived at Brockport. The next two days were allowed for settling in through active participation in entertaining activities in a Tent City plus Recreation and Sport Clinics. Tent City was a canvas environment of 'free coke' pets corner, free horse rides, disco tent, craft activities and most important of all the centre of 'badge training'. This latter activity really facilitated the team members adjustment to a typically American friendly campus where

everyone says Hi ! The clinics provided opportunities in a range of sports conducted by coaches and helpers - dry ice skating, swimming, gymnastics, fun games, tennis, bowling etc.

For the whole time there each team had numerous helpers all kitted out in red Coca Cola T shirts to take team members off to the activities. It was only by the time that the opening ceremony came that most of us realised the magnitude of the whole event. There were 3,500 competitors including 500 from overseas, 4,000 volunteers including computer programmers, medical personel, cooks, guides, helpers, and organisers. The opening ceremony with 15,000 people, Senator Edward Kennedy, parachutists, numerous bands, the Olympic torch ceremony and march past with each team being lead in by a celebrity - Dick Fosby, Mohammed Ali, Rafer Johnson and show biz personnel.

The two days of competitions soon illustrated the need for the computer programming ! Over 900 entrants in the ball throw and 600 in the 50 metre races. Yet despite all of this our athletes and swimmers adjusted surprisingly well. Their results of 13 gold, 6 silver and 5 bronze (all presented with ceremony) meant that every team member except one returned with a medal.

The day after the competition was 'Adventure Day' in which 100 buses took 4,000 people to Niagra Falls for a picnic (hamburgers cooked ready on arrival). To leave nothing to chance the buses were divided into four colour groups, accompanied by four helicopters overhead, and plus relief mechanical and medical vehicles and personnel followed each convoy. On route home the team visited New York for a day and a half before arriving at Heathrow, having possibly played a significant rôle in the evolution of sporting opportunities for the mentally handicapped in this country. The justification of the whole venture can be seen by the following aspects:-

- a) The involvement has awakened, for example, the concept the Sports Council now has, of the provision that other countries do generate for the physical recreation of the mentally handicapped. Thus the Minister of Sport actually visited the team on a day of competition and witnessed the occasion.
- b) The sending of a representative team has meant that a National framework of responsibility for the recreation of the Mentally Handicapped has been set up.
- c) The Sporting and Social accomplishments of the team illustrated the potential development that possibly exists within a considerable number of mentally handicapped individuals but which is never realised.
- d) And lastly from the long term point of view it may cause the expectation level of the teachers, instructors, parents and volunteers for the mentally handicapped to be reassessed where physical recreation and sport is considered.

Start now preparing for Special Olympics 1982. Good Luck !

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RIDGE HILL DOWN'S BABIES GROUP

Ridge Hill Mental Handicap Unit is an attractive place surprisingly tucked away near the Black Country, close to the canal and glassworks, yet with a splendid vista of Clent Hills, the Clees and beyond. There are seven bungalow houses, a complex of social and therapy rooms and offices. The emphasis is on community care and few long-stay residents.

When Ridge Hill opened, in August 1977, to receive eight severely multi-handicapped children as the first residents, there was already the nucleus of a Community Team for handicap under the leadership of Dr. Margaret I. Griffiths, Locum Consultant Paediatrician. Now the name Ridge Hill means both the place and the people to the surrounding community.

In those first months, towards the end of 1977, paediatricians and G.P.s began to refer handicapped children to the Ridge Hill paediatrician. Among these were young Down's babies, from new-born to some months or a few years old. The parents of these older children were already meeting regularly, supporting each other and sometimes exerting pressure on the statutory services. Gradually they accepted the Ridge Hill team as support and now this Down's Parents' Association holds alternate meetings at Ridge Hill.

This is how the group has developed:-

After initial counselling by the paediatrician, and for the first three months of each Down's baby's life, the health visitor or community nurse provides the main support. The physiotherapist makes visits with the nurse to give advice on handling. As soon as appropriate the parents are invited to come with their baby to meet others in the Down's baby clinic group which is held weekly at Ridge Hill. At about three months old they begin to come regularly. Sometimes fathers accompany the mothers and their babies and enjoy participating too, which is very gratifying.

We use the Day Nursery for these clinics and are very fortunate to have such ideal surroundings. Nursery nurses are responsible for routine arrangements and the smooth running of the Day Nursery. Advice is regularly available from doctor, physiotherapist and speech therapist, occupational therapist on play and toy library, community nurse and medical social worker.

The physiotherapist found in the early stages of the group that some parents wanted a structured programme of so-called "exercises". Each mother, therefore, kept a loose-leaf file in which each therapist entered progress notes and advice on "home exercises": motor, communication, play, feeding and toileting.

The physiotherapist introduced a form of class teaching, each mother handling her own child and learning how to guide her baby through the developmental sequence of movement. She talked to the group and to individuals explaining how movement normally develops, and the problems to be encountered by the "floppy" Down's baby, the importance of good patterns, and the use of play to encourage motor development.

Gradually, as the understanding of motor development grew, the demand for "exercises" diminished, there was less formality and parents became more relaxed in their outlook. Originally, the physiotherapist feared that a competitive element might be in evidence. However, this was not so. Problems were minimised by sharing and progress was enhanced by mutual acclamation. The group was proving to be truly one of support.

We realise that the group is not a static affair and try to be open to review, reorganisation or change according to need. A strong social element is a constant factor, with coffee and conversation an integral part of the proceedings, admirably looked after by the nursery nurses !

Numbers vary. For some time we had eighteen babies, ranging in age from three months to two and a half years, though we did not have all eighteen together at the same time. We usually try to have two groups according to stage of motor development. There are the "Infants to sitters" and the "shufflers, crawlers, to walkers" !

Walking is looked upon as graduation, usually between eighteen months and just over two years. Then there is the delight of a session in the gym, with lovely space, soft shapes, steps and climbing apparatus.

Now we have started a dancing class for the Down's children who are from four years old to six years old at present. The dancing teacher uses Laban movement methods, and works in co-operation with the physiotherapist and physiotherapy helpers. There are eight children in the class, held in the gym at Ridge Hill after school once a week. Meanwhile, mothers have a "cuppa" and chat in the physiotherapy office.

The quality of the children's movement has been helped during the two terms of the class. Though much is imitative, the sensory approach through music and dance is beginning to produce imaginative movement. Concentration and language are helped and pleasure is very evident.

We have been making video recordings of dancing sessions and hope that these, in addition to photographic records of earlier development of our Down's babies, will prove to be a valuable and comprehensive record of progress, particularly motor development.

It is also a super sort of family album of the Ridge Hill Down's group.

Katy Hollis, M.C.S.P. Dip. Phys. Ed.
Ridge Hill
Dudley Area Health Authority.

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STOCKPORT ODD FEET ASSOCIATION AND "FOOTSIE"

A.P.C.P. is now affiliated to this most helpful organisation (see May Newsletter No. 15. P.7) which exists to help those who experience difficulty in obtaining shoes to fit but who may not need surgical shoes. Currently S.O.F.A. is working on setting up a FOOTSIE CLUB for children with foot problems. Footsie, the campaign character, is a smiling shoe. It is envisaged that there will be a Footsie Comic issued through shoe shops, hospitals etc., containing shoe information, research projects (for parents to read), fund raising details. Shops will be encouraged to display the Footsie sign to show their concern and involvement with children's foot health. S.O.F.A. is at present in contact with various bodies with regard to provision of financial help to set up this project. If you would be interested in helping, please contact the secretary, marking the envelope Footsie Club.

Did you Know ? Adams & Jones (Handmade Footwear), Crispin Hall, High Street, Somerset, will make shoes to measure for a reasonable cost on receipt of the outline of the child's feet and size details. There is no extra charge for odd sizes. Tel. 0458-45441.

* Secretary - SOFA. Mrs. G. Evans, 17 Deva Close, Poynton, Stockport, Cheshire
SK12 1HH

Did you know? Messrs. R. Taylor & Son Ltd., Compton Works, 49 Woodwards Road, Pleck, Walsall WS2 9RN will foam fill the shoe worn on the smaller foot so that it fits comfortably and the wearer can buy a matching pair of shoes. The process is quick and the charge minimal. Information from Mr. Holder at the above address. Tel. Walsall 23737

Did you know? Mrs. D. Lagden, Solemates, 29 Hillcrest Road, Walthamstow London E17 4AP organises a service for helping those with odd sized feet either by partnering or by providing odd pairs of shoes from stock she has gathered. Affiliated to S.O.F.A. Registration with Solemates costs £1.00 Tel. 01 - 531 - 3067 or 01 - 524 - 2423.

Footstep Merseyside. From 2nd August to 31st August there will be a S.O.F.A. organised campaign, in conjunction with several shoe retailers in the Merseyside area, to promote concern and help for people with shoe fitting problems. If you can help to publicise this campaign please contact the local organiser - Mrs. G. O'Shaughnessy, 16 Pentland Road, Northwood, Kirby, Merseyside. Tel. 051 - 548 - 5909.

WINSTON CHURCHILL MEMORIAL TRUST

Application forms for the 1981 Travel Fellowships will be available this month. Closing date for completed forms is November 1st. Categories of interest this time are:-

1. Prevention of perinatal mortality and morbidity. Doctors, nurses, counsellors and all others concerned with attempts to reduce infantile deaths, deformities and illnesses both before and immediately after birth.
2. Adventure and Sport. Anyone taking part in sport or in expeditions with worthwhile aims. (Anyone taking parties of handicapped children riding, skiing etc- This would be an opportunity to compare notes with those doing the same in other countries).
3. Open category.

Send your name and address on a postcard to:- The Winston Churchill Memorial Trust, 15 Queen's Gate Terrace, London SW7 5PR, if you are interested in this chance of a lifetime.

Paediatric Interest Fellowship Reports

A.P.C.P. now holds 18 of these. Below is a list from which members choose. Please send S.A.E. for specified amount to Hon. P.R.O. Period of loan 2 weeks and thereafter return to P.R.O.

1. Physiotherapy in Haemophilia. Mrs. S. Almond, M.C.S.P. Foolscap S.A.E. 10p U.S.A. & Canada. 1976
2. Teaching of Language to Mentally Handicapped Children. U.S.A. 1978 Miss M. Anderson, Speech Therapist. S.A.E. 9" x 9" 10p
3. Early Detection of Deafness esp. Deaf/Blind Child. Miss E.A. Andrews Audiometric Health Visitor. North America 1966. S.A.E. 8 1/2" x 10 1/2" 10p
4. The Care of Mentally Handicapped Children and the training of staff Miss B. Barchard, France, Holland, U.S.A. 1972 S.A.E. 9" x 12" 13 1/2p
5. The Peto Institute Budapest and "Anna Torrigianni" Centre, Florence. Mrs. B. Budd, M.C.S.P. Two Centres for motor disabled 1975. S.A.E. 9" x 7" 13 1/2p
6. The Teaching of Handicapped Children, in particular the blind. Mr. D. Caldwell, North America 1969. Customs officer and teacher of the blind. S.A.E. 9" x 14" 13 1/2p

7. Assessment and Treatment approaches for handicapped Children in Europe Hungary, Switzerland, Italy 1973. Miss M.E.Carrington, M.C.S.P. S.A.E. 8½" x 12" 13½p
8. Services for the Mentally Handicapped in Denmark and Sweden. Dr.K.Day, Consultant Psychiatrist. Sweden & Denmark 1972. S.A.E. 7" x 10" 13½p
9. Facilities for Education of the Deaf in North America. Mr.L. Evans, Headmaster, School for Deaf. North America 1970. S.A.E. 8½" x 11" 13½p
10. Remedial Aids for Dyslexia. Mrs. I. Ford. Parent. Denmark 1972 S.A.E. 7" x 9" 10p
11. Teaching of Young Children with severe language disorders. Miss E. Hutt, Teacher. North America 1969. S.A.E. 8½" x 13" 13½p
12. Mental Retardation and Developmental Handicap. U.S.A. Canada, 1972 Mr. K.C. Lewis, Nursing Officer. S.A.E. 8½" x 12" 21p
13. Toys for Handicapped Children. Mr. R.G.Neill, Teacher. North America 1975. S.A.E. 9" x 12" 16½p
14. Appliance making for the Handicapped (Feet). Germany & Switzerland 1974 Mr. H. Midgley, M.Ch. S. Chiropody Officer. S.A.E. 8½" x 12" 10p
15. Seating for Physically Handicapped Children in North America. U.S.A., Canada, 1978. Mr. R. Nelham, Research Engineer. S.A.E. 8½" x 12" 26p
16. Study of Methods of Treatment & Education for Brain Injured Children and those with learning problems of Neurological origin. U.S.A. 1972 Mrs. J.M.Oldham, Teacher. S.A.E. 8½" x 12" 31p
17. Special Education techniques for Handicapped Children. U.S.A. 1967 Dr. M. Tyson, Psychologist. S.A.E. 9" x 12" 16½p
18. Voluntary and State Provision for Mental Handicap, particularly in children. Belgium, Holland, Sweden, Denmark 1973. Mr. A. Wynn-Jones Regional Officer, N.S.M.H.C. S.A.E. 8½" x 12" 10p

As this list is likely to get longer, I will provide this information in the future on a separate list. All regional reps. will have a copy and members can also apply to the P.R.O. for a copy on receipt of a S.A.E.

NAIDEX 1980

Conference Venue - Kensington Town Hall, Hornton Street, London, W8 7NX.

Date: 28 - 30th October 1980

Organisers: The Royal Association for Disability and Rehabilitation,
25 Mortimer Street, London, W1N 8AB

Topics of interest include Wed. 29th Oct. Counselling & Disability
Thurs. 30th Oct. Residential Care.

£15.00 per day. Apply to Conference Officer at R.A.D.A. address.

INTERNATIONAL SCENE

Japan An international Industrial Skill contest - the Abilympics - is planned to take place in Tokyo in 1981 in cooperation with Rehabilitation International and is designed to draw the attention of employers to the abilities of disabled people.

I.Y.C. Projects in Netherlands. An experiment in the provision of Respite Care for mothers of handicapped children was undertaken to encourage maintenance of the child in the home. Results will be evaluated and recommendations for Government action produced.

A book has been produced for the handicapped child to take on hospital visits. It is in looseleaf format with space for photographs of the individual child and is meant to provide nurses with advice and guidance on the care of the child when the parent is not present.

International Cerebral Palsy Society. Future meetings include: -

8 - 12 October 1980. "Primary Prevention of Cerebral Palsy"
Boston, Massachusetts, U.S.A.

November '80 "Early Management of the Cerebral Palsied Child"
Brussels, Belgium

It is interesting to note that I.C.P.'s September meeting in Gwatt, Switzerland is on the Handicapped School Leaver. I.C.P.'s address: 5a Netherhall Gardens, London, NW3 5RN

International Year of the Child Publications

1. Whose Child? A booklet on the rights of children in care to a family life.
2. U.K. children O.K. ? Personal experiences of disadvantaged children and recommendations for action.
3. Immigrant children. A code for their protection. Immigration laws.
4. Corporal punishment. Free discussion paper.
5. The spiritual rights of the child. Free discussion paper.
6. Refugee children. Free. Details of help for boat people in U.K.
7. Our Children. A guide compiled by Wandsworth Social Services Dept. A prototype for local authorities and voluntary organisations. 10p and S.A.E. from Richard Price (see below).
8. Guidebook for Handicapped Adolescents. Highlights services and gaps.
9. The condition of children. A statistical compilation of U.K. children.
10. Children's Ombudsman. Discussion paper on the need for one in the U.K.

To come. Children's reports. A review of the degree of implementation of those over the last 20 years.

Details on all the above from Judith Stone, Direction, or Richard Price, Information Officer, I.Y.C. Office, 85 Whitehall, London. S.W.1.

International Year of Disabled People 1981

As no one voluntary society has links across the whole field of disability, the National Council of Voluntary Organisations has been asked to administer I.Y.D.P. at 26, Bedford Square, London. WC1B 3HU. Tel. 01 - 636 - 4066

PARENT GROUPSInfantile Hypercalcaemia

A new parent support group formed by Lady Cooper has been brought to our attention. If you know of a child who suffers from this condition and whose parents would benefit from discussions with other parents, contact Lady Cooper at 1 - IHC Parents Association, Mulberry Cottage, Mulberry Green, Old Harlow, Essex. An illustrated leaflet is available. About 60 parents have already joined.

The Stillbirth and Perinatal Death Association

Formed in 1978. Contact Hazelanne Lewis, 15 Christchurch Hill, London NW3

Foundation for the Study of Infant Deaths

Promotes research into causes and prevention, personal support in bereavement information leaflets, parents locally offer a befriending service. Address: 5th Floor, 4 Grosvenor Place, London SW1X 7HD.

EQUIPMENT1. Speedwell Enterprises - Supakart

Berkshire County Council, purpose built, factory for the Disabled which gives severely handicapped people an opportunity of employment. Their principal product is the Speedwell - Supakart, a battery operated vehicle for children over five years and up to adult size. Maximum weight of 10 stones, height 5'6". Price: £565.

Contact Mr. R.G. Underwood, Manager, Speedwell Enterprises, Northampton Avenue, Slough SL1 3BP. Tel. Slough 72249

2. Equipment for the Disabled series

The fourth edition of The Disabled Child is now available price U.K. £2.40 and overseas £5.85. Includes in its 80 pages details of chairs, trolleys, trikes, wheelchairs, toys, therapy equipment etc. Illustrated.
From:- Equipment for the Disabled, 2 Foredown Drive, Portslade, Brighton BN4 2BB

3. Design Service

Fife region in Scotland, in conjunction with the College of Art in Dundee is offering a free design service to anyone who has an idea for a potential toy or aid for mentally handicapped children or adults. The item will be designed and a prototype produced free of charge to the enquirer for trial. If successful, further items can be made at a competitive price. If you are interested, wherever you are based, contact Julie Bowen, Glenrothes and Buckhaven Technical College, Stenton Road, Glenrothes, Fife, Scotland.

4. Design Data for Wheelchair Children

Booklet from the Disabled Living Foundation, 346 Kensington High Street, London, W14 8NS Price: £4.50

BOOKS

1. "Physiotherapy in Paediatrics" - Roberta Shepherd. 2nd Edition of this useful basic book. Heinemann. 1980 £10.95
2. "Handling the Handicapped". Published by Woodhead - Faulkner in association with the C.S.P. 2nd Edition. 1980. £3.75 paperback. £6.50 hardback.
3. "The Handicapped Child". Educational and Psychological guidance for the organically handicapped by A.H. Bowley & L. Gardner. 4th Edition. 1980 Churchill Livingstone. £6.50. Chapters on minimal cerebral dysfunction, early treatment of cerebral palsy and blind babies.

4. "Seating Systems for the Disabled" - booklet issued by the Biological Engineering Society as a result of a U.K. seminar held in 1978 and contains various papers on the subject. Cost £4. from Rehabilitation Engineering Unit, Chailey Heritage Hospital, Lewes, Sussex. BN8 4EF.
5. "Mental Handicap Nursing and Care". Victoria Shennan, Souvenir Press - Human Horizons series. £3.95 paperback. £5.95 hardback. Includes special therapy techniques.
6. "Clinically Adapted Instruments for the Multiply Handicapped - a sourcebook". C. Clarke and D. Chadwick (compiled by). Modulations Co. U.S.A. 1979. Intriguing illustrations of specially designed instruments, to help those with particular handicaps, and methods of use.
7. "Your Baby Needs Music". - a music sound book for babies up to two years old by B. Cass Beggs. Douglas & McIntyre. (Distributed by Ward Look). Sounds, rhythms, finger-play that a mother can share with her baby.
8. "Accident of Birth". Aspects of Mental Handicap. Fred Heddell. BBC Publications. £2.75. Accompanies recent T.V. series. A valuable source book.
9. Curriculum Design for the Severely and Profoundly Handicapped. P. Wehman. 1979. Human Sciences Press. £8.50. This American book synthesises current literature in the area of education and training programmes and is aimed at teachers, therapists and psychologists.
10. "Some of our Children". M. Chazan, A.F. Laing, M. Shackleton Bailey and G. Jones. Open Books 1980. Result of a research project by University College, Swansea, into the support given by social, medical and educational services to the handicapped child. The authors conclude that we are failing to make any effective intervention in early development.

PUBLICATIONS OF INTEREST

1979/80 Host Directory Are you planning a study trip? You may find this 16 page American booklet useful which list 298 rehab. facilities in U.S.A. which welcome foreign professional visitors. Available from "Host Directory" Rehab. International USA, 20 West 40th Street, New York, NY 10018 U.S.A. Price. \$ 1.50.

ARTICLES.

"Let's Go". T.V. Programme.

A new series is being planned for January - March 1981, directed at students in Adult Training Centres and ESN(S) Schools and equivalent schools in Scotland. Further details from John Bell and Education Secretary, B.B.C. London W1A 1AA.

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REGIONAL NEWS

Scotland Reg. Rep. Mrs. Lesley Furnell, Glensherup House, Glendevon
by Dollar, Perthshire.

A very successful meeting on Riding for the Disabled was held in March at Glasgow Veterinary College and attracted 100 people. The course on "The Neurologically Handicapped Child" in Glasgow, in September is already overbooked.

March 14th. "Cystic Fibrosis". Study Day. Glasgow.

If any members in this region know of any meetings of interest to physios please will they contact Lesley Furnell with the details.

North East. Reg. Rep. Mrs. J. Simpson, Prescott Place, Stainland, Holywell
Green, Halifax. HX4 9HE

The evening lecture at St. James' Hospital, Leeds on 10th June entitled "oncology" by Dr. C. Bailey was attended by 20 people and was a most interesting and stimulating talk.

Sept. 27th. "Rheumatology - Still's Disease". Postgraduate Centre York District Hospital. Speakers include Mrs. J. Hughes, Sen. Physio. and Miss S. Lawton, Head O.T. from Canadian Red Cross Memorial Hospital, Taplow.
Course Fee. Members £4.50. Non-members £5.
Applications to Reg. Rep. by 13th Sept.

Jan. 1981 To be arranged "POMR and Paediatric Audit".

North West Reg. Rep. Mrs. P.M.Eckersley, 62 Goulden Road, Didsbury, Manchester
M20 9YF

Sept. 13th & 14th. Mental Handicap Weekend at Brookhall Subnormality Hospital organised with the Regional Training Officer. There will be no course fee and some residential places are available. Programme to include:-
Realistic goal setting. Dr. Simon Hewson.
Play. Mrs. Dorothy Jeffree.
Vibration Therapy. Miss Liz Carrington.
Music. Miss Cynthia Mason.
Practical Sessions with younger and older mentally handicapped persons. Mrs. C. Ball. Mrs. J. Phillips.
This programme will not just apply to the young child.
Applications to Steve Hampson, Regional Educational Training Officer, N.W.R.H.A., Gateway House, Piccadilly, Manchester.

Nov. 27th & 28th. Paediatric Audit and Problem Oriented Medical Records Burnley General Hospital. Miss I. Bromley and Miss M.Harrison

Feb. 14th 1981. Audio-Visual Day. Royal Manchester Children's Hospital Slides, tapes, films, cassettes and various topics of interest. Also North West A.G.M.

110 members.

Midlands Reg. Rep. Miss R. Dawson, 19 Main Street, East Bridgford, Nottingham
NG13 8PA

Leicester Group "Exploring sound in a limited world" on June 7th, was a most interesting and entertaining day with the very expert speakers Daphne Kennard and Cynthia Mason. The generous hospitality and wonderful variety of musical instruments made available by Ashfield School, Leicester, was much appreciated. It is hoped to have a follow-up day with specific application to the movement of the multiply handicapped child later in the year.

Midlands cont...

Mansfield A very comprehensive series of slide/tape showings at lunch time are listed fortnightly from now until April 1981. Information from Mrs. Joyce Gemmell, Physiotherapy Dept. King's Mill Hospital, Mansfield Road, Sutton-in-Ashfield, Notts.

Nottingham.

3rd - 10th Sept. ASA-Teacher of Disabled Swimmers Certificate Course. Trent Polytechnic, Clifton Site, Nottingham and surrounding pool venues. 12 - 15 places only. Pre-entry requirements - 18 years of age ASA Teachers Certificate. Course Fee. £16. Examination Fee £5.00 Application forms from: Creative Arts Secretary, P.E. Division, (Disabled Swimming Course), Trent Polytechnic, Clifton, Nottingham NG11 8NS

Thanks to all concerned who so readily answered my request for confirmation that they had paid their subscriptions. Please will those who have not yet answered do so. It will be a great help to me.

East Anglia Reg. Rep. Mrs. M. Norris, 10 Oakfields Road, Knabworth, Herts

This region will host the 1981 Annual Congress of A.P.C.P. at Hatfield Polytechnic, Hertfordshire on Sat. 11th and Sunday 12th April. The theme will be "The Pre-school Child". Sadly our booking for Downing College, Cambridge was cancelled by the University due to alteration in the length of the terms. A great deal of hard work has gone into the organisation of an alternative venue.

Wales.

Reg. Rep. Mrs. W. Williams, 12 Gellogaer Gardens, Cathays, Cardiff. On June 1st a meeting was held at the Children's Centre, University Hospital of Wales, when films were shown on "spasticity" and "The Treatment of Spasticity". Dr. Ralph Evans gave an introductory talk. The session was organised by Mrs. V. Williams, M.C.S.P. and sponsored by CIBA - GEIGY. Discussions are underway for the Autumn/Winter programme and topics include Down's Syndrome, Cystic Fibrosis and the Neurology of the Newborn.

South West Reg. Rep. Miss T. James, 23a High West Street, Dorchester, Dorset DT1 1UW

Forty members attended a most interesting and stimulating study day on "Paediatric Chest conditions" at Poole General Hospital on 12th July. Lectures were given on Cystic Fibrosis, Asthma, Forced Expiration Technique and Children's X-rays. Doreen Wheatley, who has retired as S.W.Reg. Rep. and has done so much for paediatric physiotherapy in the region, was presented with a pen and pencil set by Miss Jill Foley on behalf of the region as a token of thanks for all her work.

Oct. 11th. The Clumsy Child. Dorchester
Contact Reg. Rep. for details

Members 90

South East Reg. Rep. Miss P. Charon, Physiotherapy Dept. Royal Alexandra Children's Hospital, Brighton.
For details of activities, contact the Reg. Rep.

London.

Reg. Rep. Mrs. M. Whyte, Tredegar House, 97-99 Bow Road, London E.3. Having recovered from the exertions of the 1980 Conference (many thanks for all the complimentary letters, they were much appreciated) we are planning our programme for 1981. Our thoughts on topics include:- C.P. (recent advances), Muscular Dystrophy, Paediatric Orthopaedics and Respiratory Conditions. If you have comments/suggestions, let us know

London cont.....

Following the response to our workshop on Counselling, in Feb., we are trying to organise either a weekend residential course and/or a series of evening lectures on "Introduction to Counselling & Communication".

Sept. 27th Sat. "Getting in Touch with Tactile Stimulation"
Organiser and application forms: Maxine Veach, Physiotherapy,
Elizabeth Fry School, Suffolk Road, London E. 13

Nov. 15th Sat. "Recent Advances in Spina Bifida". Organiser
Eva Bower. Application forms: Jean Maughan, 16 Lee Road,
Greenford, Middx.

Members 140

COURSES DIARY OF OTHER ORGANISATIONSThe Spastics Society - Castle Priory College

- Sept. 17th-21st '80 Behaviour modification with severely mentally handicapped people.
Oct. 6th-10th '80 Technology for the Handicapped Child. Aids and techniques for use in special schools.
Contact Mrs. J.W. Knowles, B.A., Principal, Castle Priory College, Thames Street, Wallingford, Oxon. OX10 0HE
Tel. 0491 - 37551

British Institute of Mental Handicap

- Sept. 26th '80 Sensory Disabilities. St. Lawrence's Hospital, Bodmin, Cornwall.
Members £5. Non-members £8. Parent members £18.
Oct. 18th '80 Action for the young mentally handicapped adults.
Newcastle-upon-Tyne Polytechnic.
Cost as above
Nov. 14th '80 Current topics in Mental Handicap. Wyvern Club, Taunton Somerset
Contact BIMH at Wolverhampton Road, Kidderminster, Worcs.
DY10 3PP. Tel. Kidderminster 850251

Active

- Oct. 11th '80 Leisure & Learning Aids for the Handicapped.
Autumn conference. Details from Staff Tutor, Whitefield School, MacDonald Road, London. E.17
Oct. 16th '80 Aids with Chips - Active Conference on Microprocessor-based aids, at the Harrow Club, Feston Road, Hammersmith, London. W.10 Contact Peter Deakin, 17 Taylors Mews, Neath Hill, Milton Keynes MK14 6HJ
Nov. 20th '80 New Developments for the Handicapped Child. Intensive Day Course covering technical aids, equipment and techniques. For P.H. and M.H. children. Fees £7.00 professionals; £4. Active members. At Park Dean School, St. Martin Road, Fitton Hill, Oldham OL8 2PY. Contact Head Teacher, Mr. Rees Williams.

Oxford Study Days

- Sept. 29th-30th Principles and practice of splintmaking (for physios.)
Oct. 1st Mary Marlborough Lodge, Nuffield Orthopaedic Centre, Headington, Oxford OX3 7LD

Disabled Living Foundation

- Sept. 1st '80 Causes, prevention and management of Incontinence.
 2 - 4.30 p.m. Dorothy Mandelstam, M.C.S.P.
 £5. + information pack.
 Contact Miss S. Butts, Incontinence Advisory Service,
 Disabled Living Foundation, 346 Kensington High Street,
 London W14 8NS

Toy Library Association

- Sept. 19th - 21st Running a Toy Library. Residential course at Warwick University. Speakers include Lesley Moreland, Roma Lear.
 A.G.M. 20th Sept. Cost- Members £62.50. Non-members £69.
- Oct. 7th Value of Play - Birmingham.
 In conjunction with Fisher-Price Toys Ltd., this is the first in a series of one day seminars on this theme.
 Admission is FREE and refreshments will be provided.
- Oct. 8th As above - Bristol
- Oct. 9th As above - London
- Details and invitations from Sue Stevens, Fisher-Price Toys Ltd., Scottish Life House, 29 St. Katherine's Street, Northampton. NN1 2QG Tel. 0604 - 22981

AIDS IDEA

An adaptation to the Carters Junior Atlas Adjustable Stand Aid, Catalogue No. C 492J is illustrated on Page 16 and enables the child to take weight through the forearms on the rest pad of the walker with extended elbows and wrists, so avoiding a flexed pattern. The hands grasp the added hand bar which can be adjusted according to the length of the child's arms. Timber blocks are required under the rest pad, to take the two side pieces to which the hand bar is attached.

STOP PRESS: -

1. Helping Clumsy Children. N. Gordon and I. McKinlay. Editors.
 1980 Churchill Livingstone.
2. REACH This is an association for children with artificial arms and "Within Reach" is its Newsletter. Associate membership is open to any person interested in supporting and helping those with upper limb deficiencies and full membership is open to parents of children with this handicap.
 For details contact: - The Membership Secretary, Mrs. C. Hartley, 64, Birkbeck Road, Barkingside, Essex.

